





Heart to Heart Walks 2022- Closing ceremony #AsterVolunteersAid





The closing ceremony of the global initiative Heart to Heart Walks was a grand success. All the units across India and GCC participated in the ceremony to make it a memorable one. Throughout the campaign, 7,945 participants took close to 180 million eligible daily steps and earmarked **INR 1.78 million** through the Aster DM Foundation.

Watch the grand closing ceremony at India & GCC.

#### **Mission drive to Tribal Colonies at Palakkad** #AsterVolunteersTreatmentAid



#### **Reaching the unreached**

AVMMS Kochi along with Aster Medcity and Peace Valley Foundation organized a 5-day medical camp for tribal communities at different locations in Palakkad District, Kerala. The camps which screened pediatric and the general public helped more than 550 beneficiaries from Naduppathi Colony, Vaadyar Chella colony, Mangalatham Chella, Chellan Kuzhy colony, Chempana colony, Kuruthi Kadavu colony, and Aanakkallu. Dr. Mehnas (RMO - AV MMS Kochi), and Dr. Sameena (Pediatrics) from Aster Medcity led the medical team to help the people.

#### Eye on the Future is launched officially #AsterVolunteersAid

To battle myopia and other eye-related problems, Aster Volunteers partnered with Aster Optics to launch Eye on the Future. The maiden camp was set up at the DP World, where 102 individuals from Talabat were screened for better vision.



Going all out and expressing beyond barriers #AsterVolunteersBelong

On the occasion of International Stuttering Awareness Day, Aster Volunteers took the patients from Dr. Moopen's Medical College's at Wayanad on an excursion. The gathering was officially inaugurated by Mr. Ajesh, Secretary of District Tourism Promotion Council. At Karapuzha Dam, patients communicated with the tourists about their disabilities and created awareness towards it.



# Flagging off the journey on Breast Cancer Awareness **#AsterVolunteersBelong**

To create awareness on the rise of Breast Cancer across India, Aster CMI hospital organized a Pink Bike Rally. Over 50 bikers joined the event to accelerate awareness of the most prevalent type of cancer among women. The event which was flagged off by the hospital's CEO, Mr. Ramesh Kumar, enlightened the general public about the impact of community screening programs, early diagnosis of the disease and the possible path to recovery. October is considered to be Breast Cancer Awareness Month across the globe.



# **Better understanding for prevention and cure**

# #AsterVolunteersBelong

At Aster Hospital Sharjah, Aster Volunteers joined the drive with Where In Tamil Nadu (WIT) to conduct a webinar and cancer screening program for people to learn, understand and identify breast cancer. The seminar was led by leading doctors from Aster and Medcare Hospitals. The WIT members were gifted with privilege cards for diagnosis at subsidized rate and treatment at Aster Hospital Sharjah.



# Be a help even before medical help arrives #AsterVolunteersBelong

The Be First initiative lead by Aster Medcity, Kochi engaging their emergency department provides BLS training to people who are first in line during emergency cases. In association with the Rotary Club, the program has covered different parts of Ernakulam, Alappuzha, and Malappuram districts with 1, 180+ beneficiaries to date.



### Educating on road safety, first aid and trauma awareness **#AsterVolunteersBelong**

The Road Suraksha Roadshow 2022, a program conducted by the emergency departments of all the Aster verticals was welcomed by the Aster Volunteers Wayanad and the students of Dr. Moopen's Medical College. The roadshow was inaugurated by Dr. Gopakumaran Kartha, the dean of Dr. Moopen's Medical College. The Suraksha team educated students about road safety, first aid, and trauma awareness and prepared them to help lives during accidents on road.



# **Stroke education for patients and families** #AsterVolunteersBelong

When somebody has a stroke every second is precious as brain tissues and millions of neurons begin to recede slowly due to a lack of oxygen and nutrient supply. But nothing could be more precious than preventing it. On World Stroke Day, Aster Volunteers organized awareness walks and flash mobs at Ramesh Hospitals Guntur and Vijayawada units to emphasize the prevention and treatment of strokes. The event launched by the mayors of the respective cities had over 400 participants benefitting from it



#### **Coaching people to soar higher** #AsterVolunteersCoach

In association with NABARD, Aster Volunteers organized free GDA courses at MILES Kalpakanchery. The program was inaugurated by Sri Kurukoli Moideen (MLA) and ER Ahammad Moopen (Director, Aster MIMS). It was presided over by Grama Panchayat President, KP Waheeda, and Block Panchayat Vice President, PC Ashraf. The program was led by Mr. Ashkar Ali (Administrator MILES), Mr. Haseem (Malabar region, Lead Aster Volunteer), Dr. Shafi (Head of Emergency Department, Aster MIMS Kottakkal) and Mr. Shameem and ward members Suharabi, Vijeesh, Mr. CP Radhakrishnan, Mr.Anil Valavannur who

attended the ceremony.



#### **Care on Wheels** #AsterVolunteersTreatmentAid

Aster Volunteers Mobile Medical Services (AVMMS) set up 333 camps across countries and helped **30,000+ beneficiaries** in October 2022.

Aster Volunteers Mobile Medical Services which was launched to reach underserved people on their doorsteps has reached many miles and milestones to bring kindness and hope to humanity.



# **Making Miracles Happen** #AsterVolunteersTreatmentAid

INR 110,367,808 worth of aid was provided to 524 patients to see new vigor in life in the month of October 2022.

We strongly maintain our core belief that every human or child deserves healthy living by helping those underprivileged children who cannot bear the expenses of advanced medical services.



To register yourself as a volunteer, log into astervolunteers.com Let's work together to make human welfare a priority.

