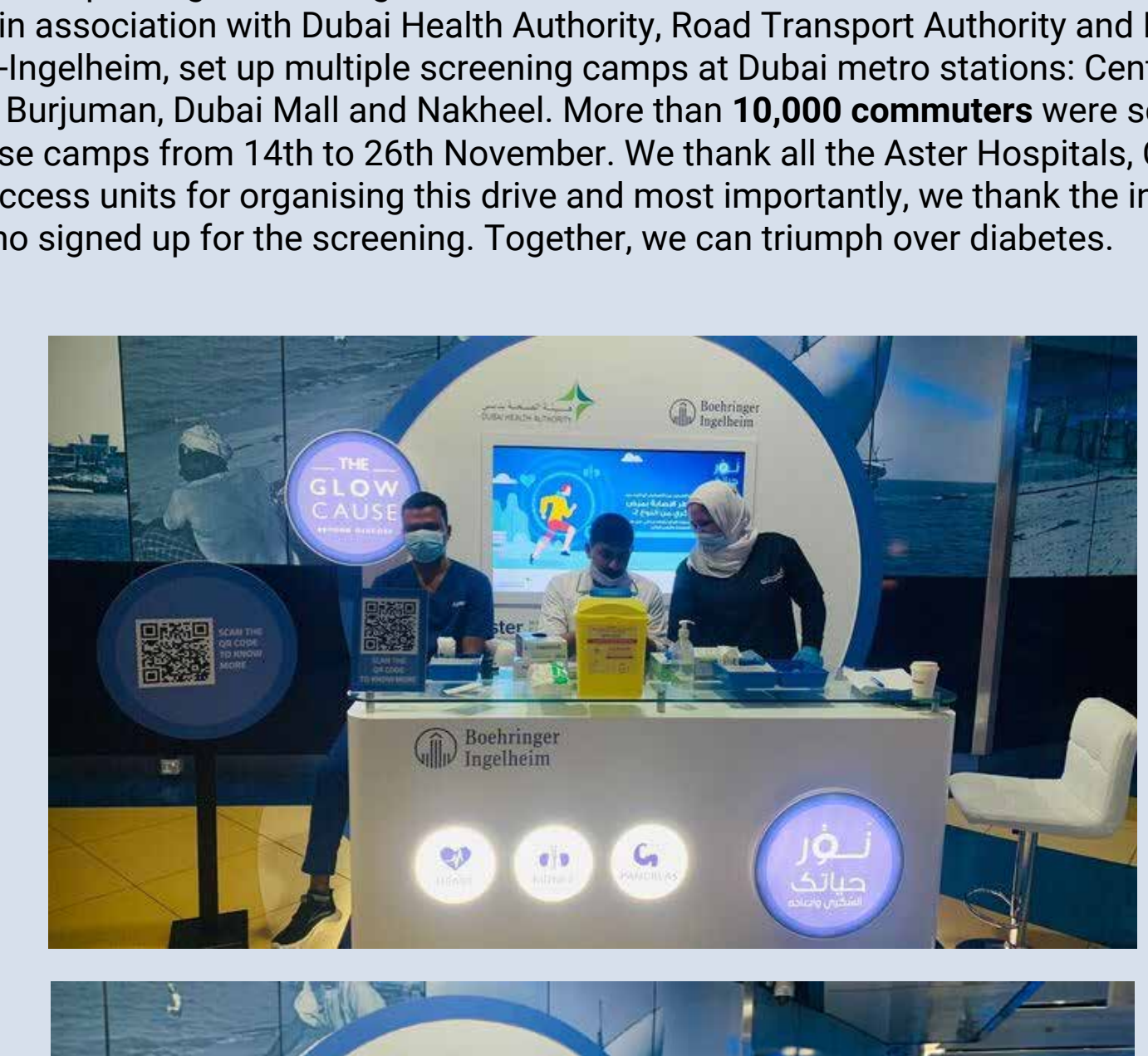


Aster sets a new Guinness World Record

#AsterVolunteersAid



On the occasion of World Diabetes Day, Aster DM Healthcare organised the largest free diabetes screening and awareness camp for low-income workers at Dubai Investments Park. The camp, which screened **12,714 people**, set a new Guinness World Records title for the most pre-diabetes/ diabetes forms completed in a single venue in 24 hours.



The officials from Guinness World Records assessed the event by being present at the camp. After the assessment, an official adjudicator presented a Guinness World Records certificate to Dr. Azad Moopen, Founder Chairman, and Managing Director of Aster DM Healthcare. We thank all the volunteers who offered their selfless support to make this achievement possible.

Dubai metro stations turned into diabetes screening camps

#AsterVolunteersAid

In an attempt to fight the rising curve of Diabetes, Aster Volunteer Mobile Medical Services in association with Dubai Health Authority, Road Transport Authority and Boehringer-Ingelheim, set up multiple screening camps at Dubai metro stations: Centre Point, Burjuman, Dubai Mall and Nakheel. More than **10,000 commuters** were screened at these camps from 14th to 26th November. We thank all the Aster Hospitals, Clinics and Access units for organising this drive and most importantly, we thank the individuals who signed up for the screening. Together, we can triumph over diabetes.



A special day with People of Determination (PoD) - children with physical & mental challenges

#AsterVolunteersBelong

Aster Volunteers from Aster MIMS Calicut organized a day of tour and fun for **65 Children of Determination**. The kids accompanied by their parents were taken to the Calicut beach and Snow World. The children expressed joy as they lished a warm seaside and a world of snow on the same day. The kids were screened by Aster Volunteers Mobile Medical Services (AVMMS) Malabar and served fresh, hot meals before departing with joyous memories.



Bringing awareness about tender care and identification

#AsterVolunteersBelong

Aster Volunteers from Aster Women and Children Hospital Bengaluru in association with Valistus International School organized Valistus Health and Safety expo. Under the leadership of Dr. Chetan Ginigeri, Program Director - Paediatric Global Center of Excellence (CoE), Aster Hospitals hosted various panel discussions and workshops for parents, caregivers, and teachers for two days.

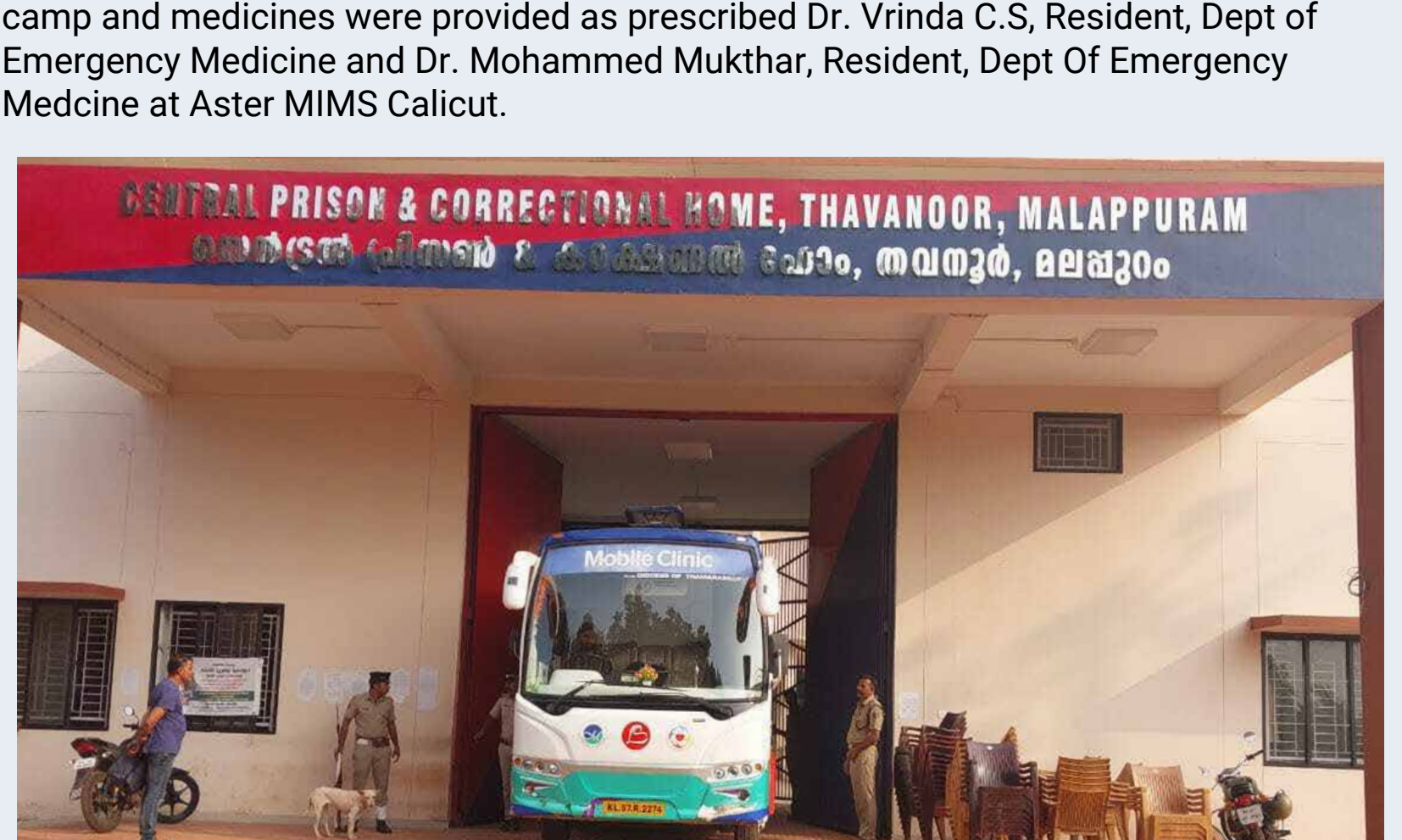
These discussions created awareness about health issues like Childhood Bones, Junk Food, Childhood Nutrition, Mental Health Issues, Child Safety, and Digital Detox. More than **1,000 children from government schools** benefitted from the more screening.



A plastic-free world for a greener future

#AsterVolunteersBelong

Aster Volunteers from Aster Clinic Abu Dhabi joined as a strategic partner with Abu Dhabi City Health, Environment & Safety Department and participated in an event at the Family Park Abu Dhabi in association with Environment Friends Society. Dr. Ibrahim Ali Mohammed, Chairman of the Board of Directors of Environment Friends Society appreciated Aster Clinic for the support offered to the initiative. Citizens in large numbers participated in the event to learn ways to reduce the use of plastic and contribute to a greener future.



No drug campaign amongst young minds

#AsterVolunteersBelong

Aster Volunteers from Dr. Moopen's Medical College Wayanad and Aster MIMS Calicut organized a campaign to educate students from Erumad and Nilgiri College in Thaloor, Tamil Nadu about the physical and mental effects of drug abuse. More than **700 students** took part in the campaign also participated in the walkathon. The awareness talk by Dr. Jishnu Janardhanan, Assistant Professor, Psychiatry, Dr. Moopen's Medical College led the awareness talk and the specialty medical camp and inspired young minds to lead the youngsters on the right path.

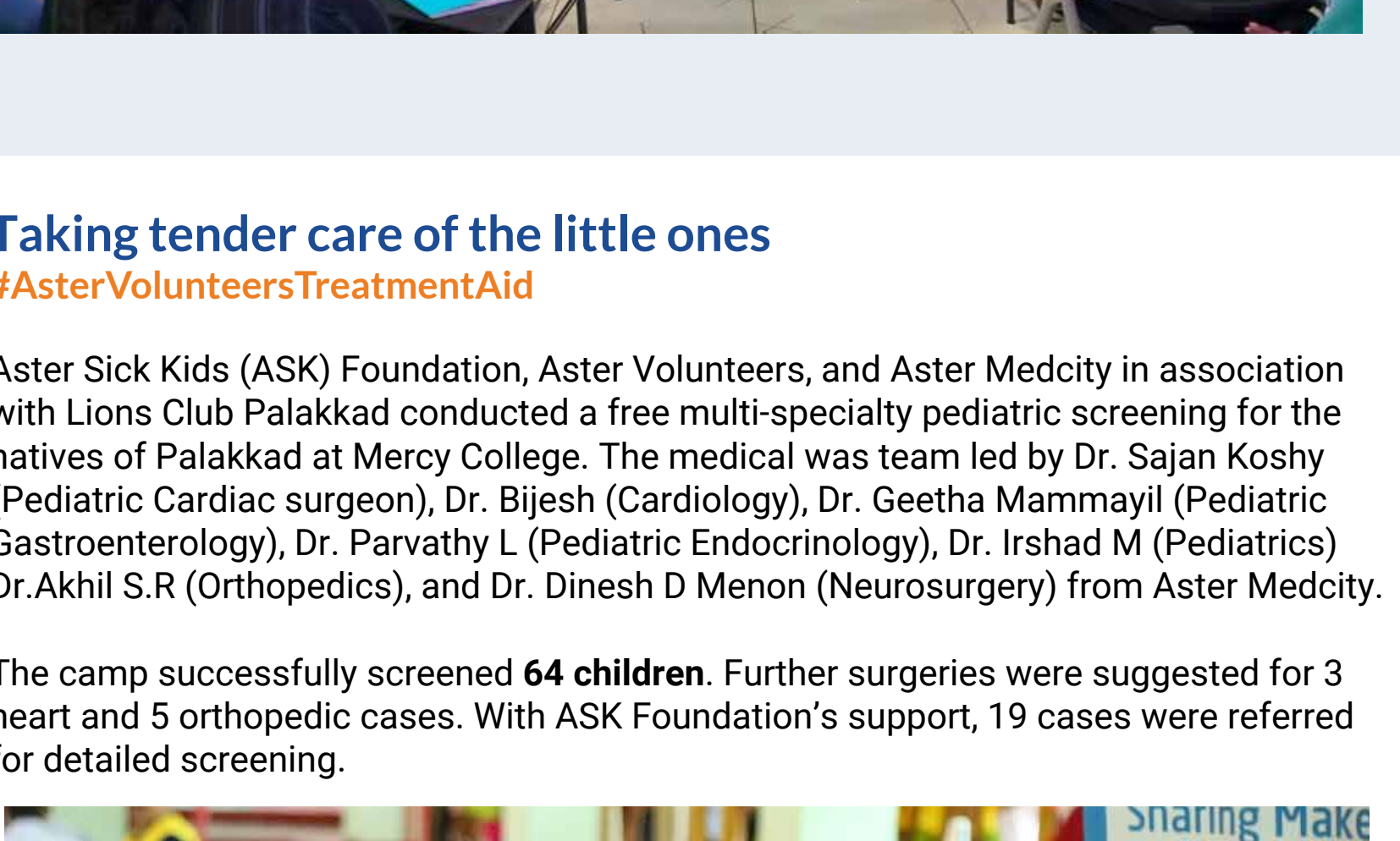


Aster Volunteers supports the newly established Central Prison at Malappuram District

#AsterVolunteersBelong

Aster Volunteers and Aster MIMS Calicut partnered with Social Justice Department District Probation Office Manjeri to conduct several programs in the newly started Thavannur Central Prison at Mallapuram district to address the prisoners' productive rights and engagements. Inmates were trained for umbrella making to refine their lives both before and after their release from prison.

Essential amenities like curtains, stretchers, wheelchairs, walkers, and hospital beds were donated to the prison. Inmates also benefited from the full-day mobile medical camp and medicines were provided as prescribed Dr. Vrinda C.S, Resident, Dept of Emergency Medicine and Dr. Mohammed Mukhtar, Resident, Dept Of Emergency Medicine at Aster MIMS Calicut.



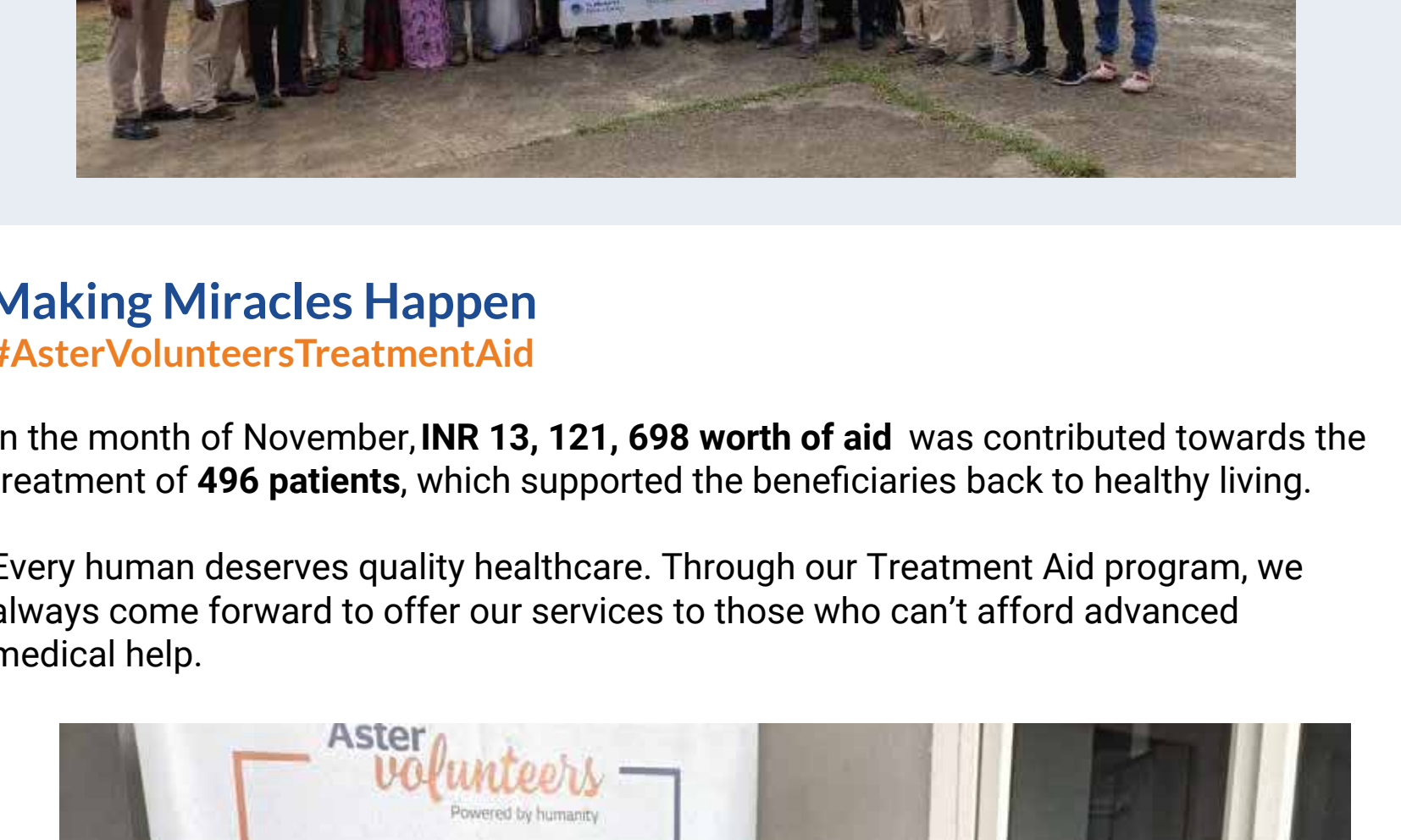
Sri. KT Jaleel, the former higher education minister for the Government of Kerala and Minister of Malappuram, the former higher education minister for the Government of Kerala in presence of Dr. Vijayan P, The Superintendent of the Jail, and Mr. Sameer Machingal District Probation Officer of The Social Justice Department, Ms. Remya R, Additional District Probation Officer and Mr. Nithin MS, Probation Assistant and Mr. Bibin, Jail Welfare Officer and Mr. Mohammed Haseem, Manager, Aster MIMS Charitable Trust.

Women's Empowerment begins with training

#AsterVolunteersCoach

Aster Volunteers Malabar region and Moopen's Institute of Local Empowerment (MILEs) - Kalpakanchery associated with Jan Shikshan Sansthan Malappuram under the Ministry of Skills, Govt. of India conducted a 2 ½ months certificate course for women at MILES from Malappuram District.

The programme intensively trained **40 future entrepreneurs** in bakery, cookery, confectionery, fruits, and vegetable preservation processes for self-sustainable livelihood.



Enabling students to provide better care

#AsterVolunteersCoach

25 underprivileged candidates, mostly women between the ages of 18 to 35 have been inducted for Aster Volunteers Training Programme for General Duty Assistant (GDA) in Healthcare by Aster Volunteers Training Malabar Region at Aster MIMS Hospital, Kannur.

The initial classes were led by Mr. Suresh G. Nair (Head, HR Department, Aster MIMS Kannur), Mrs. Sheeba (CNO, Aster MIMS Kannur) & Mr. Mohammed Haseem (Manager, Aster Volunteers - Malabar region). The candidates would get intense subject training and practical exposure during the course period and would be able to find a placement in the healthcare industry for their sustainable livelihood after the successful completion of the programme.

Taking tender care of the little ones

#AsterVolunteersTreatmentAid

Aster Sick Kids (ASK) Foundation, Aster Volunteers, and Aster Medcity in association with Lions Club Palakkad conducted a free multi-specialty pediatric screening for the natives of Palakkad at Mercy College. The medical was team led by Dr. Sajjan Koshy (Pediatric Cardiac surgeon), Dr. Bijesh (Cardiology), Dr. Geetha Mammayil (Pediatric Gastroenterology), Dr. Parvathy L (Pediatric Endocrinology), Dr. Irshad M (Pediatrics) Dr. Akhil S.R (Orthopedics), and Dr. Dinesh D Menon (Neurosurgery) from Aster Medcity.

The camp successfully screened **64 children**. Further surgeries were suggested for 3 heart and 5 orthopedic cases. With ASK Foundation's support, 19 cases were referred for detailed screening.

Care on Wheels

#AsterVolunteersTreatmentAid

Aster Volunteers Mobile Medical Services (AVMMS) set up **392 camps** across countries and helped **46,373 beneficiaries** in November 2022.

The service aims to reach the unreached, help underserved people with quality healthcare, and bring happiness into their lives.

Making Miracles Happen

#AsterVolunteersTreatmentAid

In the month of November, **INR 13, 121, 698 worth of aid** was contributed towards the treatment of **496 patients**, which supported the beneficiaries back to healthy living.

Every human deserves quality healthcare. Through our Treatment Aid program, we always come forward to offer our services to those who can't afford advanced medical help.

To register yourself as a volunteer, log into astervolunteers.com

Let's work together to make human welfare a priority.

