



## Healthcare on Wheels is now in Lebanon

#AsterVolunteersMobileMedicalServices

The healthcare crisis in Lebanon is worsening due to various socio-political uncertainties, leading to a scarcity of medications and expensive medical facilities. This situation has made it difficult for the less fortunate to afford basic healthcare services. In response to the pleas for assistance, Aster Volunteers and The Big Heart Foundation have joined forces to launch **Aster Volunteers Mobile Medical Services Lebanon**.

This initiative aims to provide healthcare services to the people of Lebanon. The flag off event was inaugurated by **Dr. Azad Moopen**, our Chairman, in the presence of **Ms. Mariam Al Hammadi**, Director of The Big Heart Foundation, **Mr. Elie Yared**, USJ representative in UAE, and other esteemed guests.

Our latest mobile clinic unit, equipped with advanced technology and solar power, will be deployed in Lebanon to bring smiles and promote good health among its citizens.



Watch the flag off ceremony

#### Shukran Annual Connect 2023 Thank you, Dear Volunteers





Aster Volunteers recently organized **Shukran 2023** to express our gratitude for the compassionate efforts of our volunteers. These individuals contribute to our mission and beliefs on a daily basis, and we wanted to acknowledge and honor their hard work in bringing smiles to people's faces. As a gesture of appreciation, we recognized and awarded these volunteers for their dedication.

To know more, click here to read the newsletter

Celebrating Mother's Day with health and compassion #AsterVolunteersBelong



To commemorate Mother's Day, **Aster Volunteers Mobile Medical Services Ethiopia** organized a week-long camp in collaboration with TSDA (Tesfa Social and Development Association). This camp aimed to extend support to the community by offering free screenings for diabetes and hypertension, as well as general medical checkups.

The services provided included essential measurements of vital signs, detailed clinical histories, and thorough physical examinations. A total of **234 mothers** were able to benefit from this week-long camp, receiving important healthcare assistance and guidance.



In recognition of the incredible compassion displayed by mothers, Aster Volunteers organized a special medical camp at the **St. Thomas Old Age Home in Koorachund,** Kozhikode, on the occasion of Mother's Day.

The dedicated volunteers provided essential medical assistance to the resident mothers. Following the medical checkups, the volunteers celebrated the day by sharing a delicious meal and a cake, creating a joyful and memorable experience for all involved. This initiative served as a heartfelt expression of gratitude towards these remarkable individuals.

## Extend support by sharing the bond of life

#AsterVolunteersBelong



Aster Volunteers, from Aster Hospitals UAE, successfully organized a blood donation campaign in collaboration with the Dubai Health Authority (DHA) at Al Qusais. This initiative garnered **87 registrations** and witnessed the participation of **56 generous blood donors.** 

The act of donating blood holds immense importance, as it has the potential to save lives and make a profound impact on someone's well-being. Each blood donation can help up to three individuals in need. We extend our heartfelt gratitude to all the donors, as well as the internal and external volunteers, who wholeheartedly supported this noble cause and made it a success.

# Equip a student today, empower a community tomorrow #AsterVolunteersBelong



As June arrived, children in Kerala were returning to school with renewed hope and aspirations. Over **480 school children** were impacted through our Back to School initiative. Aster Volunteers has taken the drive to provide essential school supplies to underprivileged children in the state. Collaborating with ASK Foundation and Aster Medcity BD team, we have distributed high-quality school bags, umbrellas, and water bottles to **50 children**.

Additionally, Aster Volunteers, in association with Aster MIMS Kozhikode, organized the **#BagofDreams** event, distributing **300 bags** to young children. In another effort, Aster Volunteers Kochi, with the complete support of ASK Foundation and Aster Medcity BD team, provided kits to **34 children**, consisting of school bags, umbrellas, and water bottles, benefiting children from one teacher tribal school and Government Tribal School Nadupatti.

Recognizing the most vulnerable children, Aster Volunteers, in collaboration with **Dr. Moopen's Medical College**, distributed **101 school** kits to orphans and underprivileged children as part of the **Back to School Project**.

#### Helping Oman to be Diabetic free

#AsterVolunteersTreatmentAid



Aster Volunteers Mobile Medical Services (AVMMS) Oman has successfully conducted **4 HbA1c campaigns**, positively impacting the lives of **400 individuals**. These campaigns were organized in collaboration with various partners bringing essential healthcare services to those in need.

Two camps were held in cooperation with Al Tasnim Group Co. at their Labour Camp, benefiting **200 individuals**. Another camp took place in Dharmath, in association with KMCC Dharmath, serving **100 beneficiaries**.

Additionally, one more camp was organized at Palm Gardens for their residents, accompanied by a walkathon, benefiting another **100 individuals.** Through these initiatives, we have made a significant difference in the lives of these beneficiaries.

## Taking health training to the center stage

#AsterVolunteersCoach



Aster Volunteers actively took part in the "**Come On Kerala 2023**" expo, a remarkable platform that united the cultural and social diversity of India and UAE. This event, which took place from May 19th to May 21st at the Expo Center in Sharjah, provided an excellent opportunity to express our initiatives.

Our stall welcomed over **800+ visitors**, and we were able to provide **Basic Life Support (BLS)** awareness training to more than **620 individuals**. It was a successful endeavor that allowed us to connect with the community and promote essential life-saving skills.

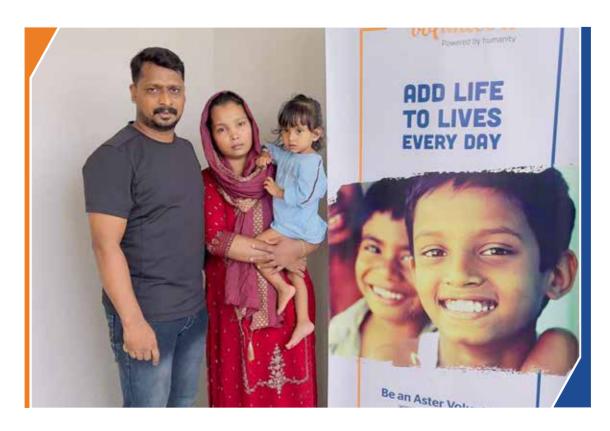
#### Equipping people to be a hero during the hour of need #AsterVolunteersCoach



Aster Aadhar Kolhapur conducted a session on Basic Life Support (BLS) and raised awareness about cardiac emergencies in response to the increasing incidence of such cases in corporate Monti India at Kolhapur. The event garnered an impressive attendance of over **70 participants**.

The session featured a renowned cardiologist, **Dr. Lokesh Choudhari from Aster Aadhar Kolhapur** delivered an impactful lecture, leaving a lasting impression on the attendees. The aim was to equip individuals with the necessary skills and knowledge to respond effectively in cardiac emergency situations.

#### Making Miracles Happen #AsterVolunteersTreatmentAid



Our values run on a nuclear principle that everyone on the earth deserves proper healthcare and healthy living. We always stand at the forefront to offer our support and services to those who can't afford advanced medical services.

In May 2023, we contributed INR 1,12,85,205 to 451 beneficiaries, helping them back to a healthy lifestyle.

## **Care on Wheels**

#### #AsterVolunteersMobileMedica IServices

Aster Volunteers Mobile Medical Services (AVMMS) was initiated to extend arms of support to the underserved people on their doorsteps. Challenging the toughest times, Aster Volunteers have gone miles and beyond to bring kindness and hope to humanity.

In **May 2023**, AVMMS set up **459 camps** across geographies and benefitted **27,227 people** serving health to their doorsteps.



## Every act of kindness counts #KindnessIsaHabit



With 57,500+ strong volunteering forces, we have made a meaningful impact on over 4.3 million people. Join us with your friends and family to bring an everlasting smiles to deserving faces.



Together we can achieve a lot more and reach millions more.

astervolunteers.com/Volunteer/becomeavolunteer