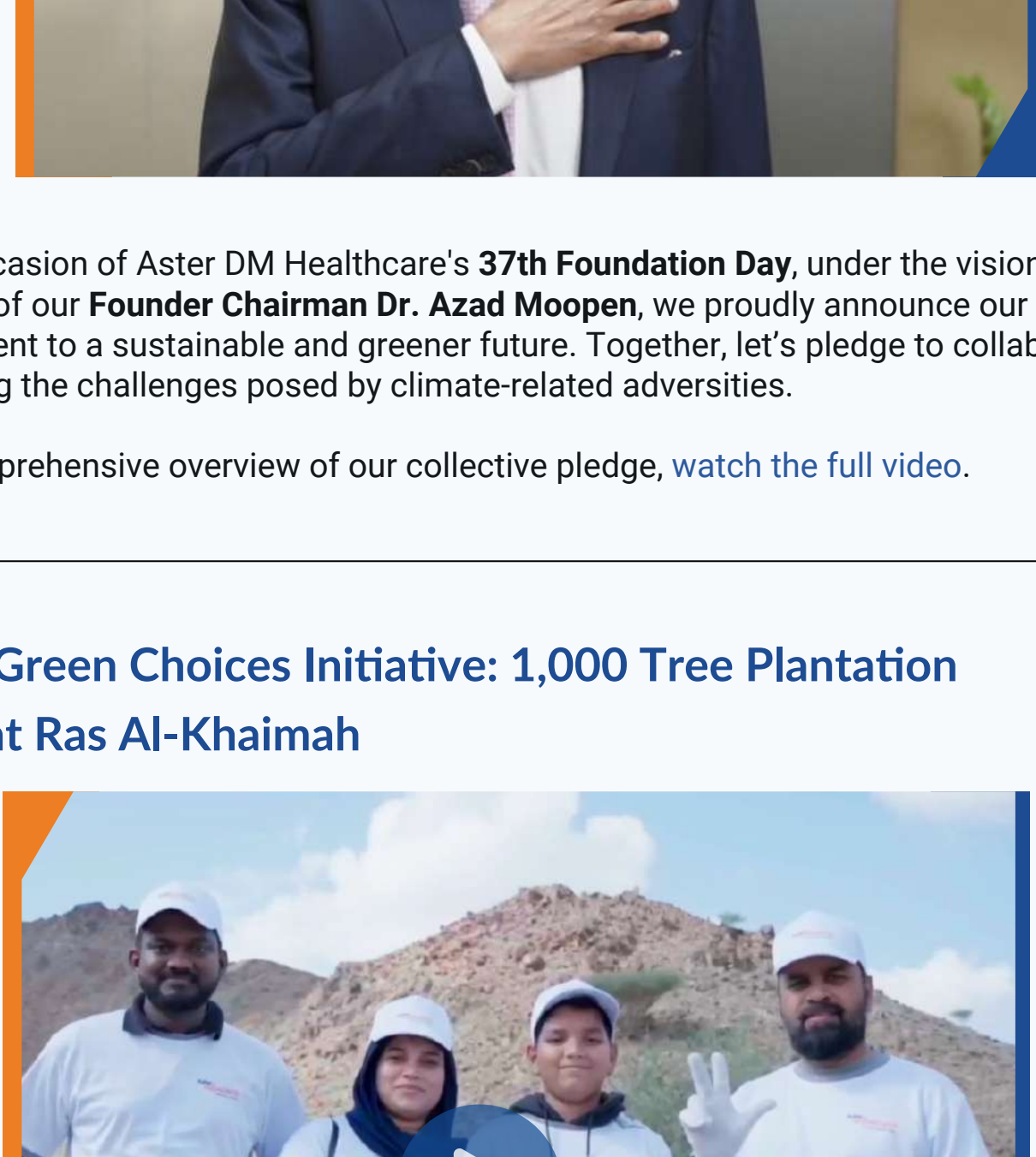


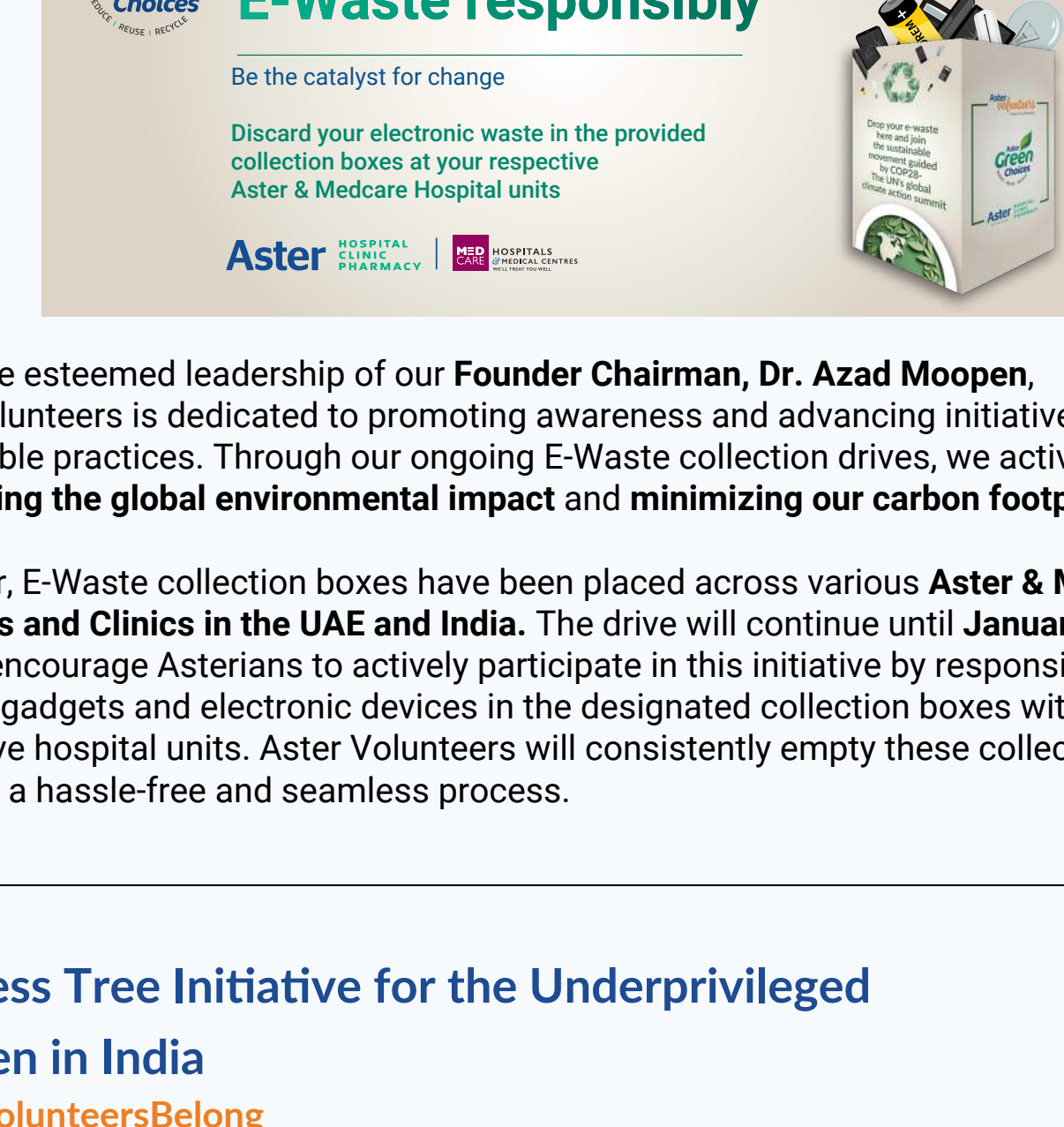
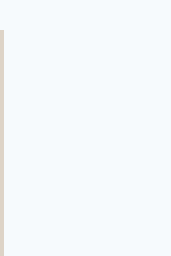
## Aster DM Healthcare's pledge to protect the environment and fight climate change



On the occasion of Aster DM Healthcare's 37th Foundation Day, under the visionary guidance of our Founder Chairman Dr. Azad Moopen, we proudly announce our commitment to a sustainable and greener future. Together, let's pledge to collaborate in addressing the challenges posed by climate-related adversities.

For a comprehensive overview of our collective pledge, watch the full video.

## Aster Green Choices Initiative: 1,000 Tree Plantation Drive at Ras Al-Khaimah



Aster Volunteers, as part of its Green Choices initiative, conducted a 1,000 Tree Plantation Drive in Ras Al-Khaimah, aligning with Aster DM Healthcare's unwavering commitment to the United Nations' Sustainable Development Goals, marking a collective stride towards a more eco-conscious and sustainable world.

This year in India we have contributed towards a reduction of 106 MT of CO2 equivalent in India and GCC in the last 2 years. Watch the film

## Annual E-Waste Collection Drive 2024



Under the esteemed leadership of our Founder Chairman, Dr. Azad Moopen, Aster Volunteers is dedicated to promoting awareness and advancing initiatives for sustainable practices. Through our ongoing E-Waste collection drives, we actively contribute to reducing the global environmental impact and minimizing our carbon footprint.

This year, E-Waste collection boxes have been placed across various Aster & Medcare Hospitals and Clinics in the UAE and India. The drive will continue until January 31, 2024, and we encourage Asterians to actively participate in this initiative by responsibly discarding their old gadgets and electronic devices in the designated collection boxes within their respective hospital units. Aster Volunteers will consistently empty these collection boxes, ensuring a hassle-free and seamless process.

## Kindness Tree Initiative for the Underprivileged Children in India

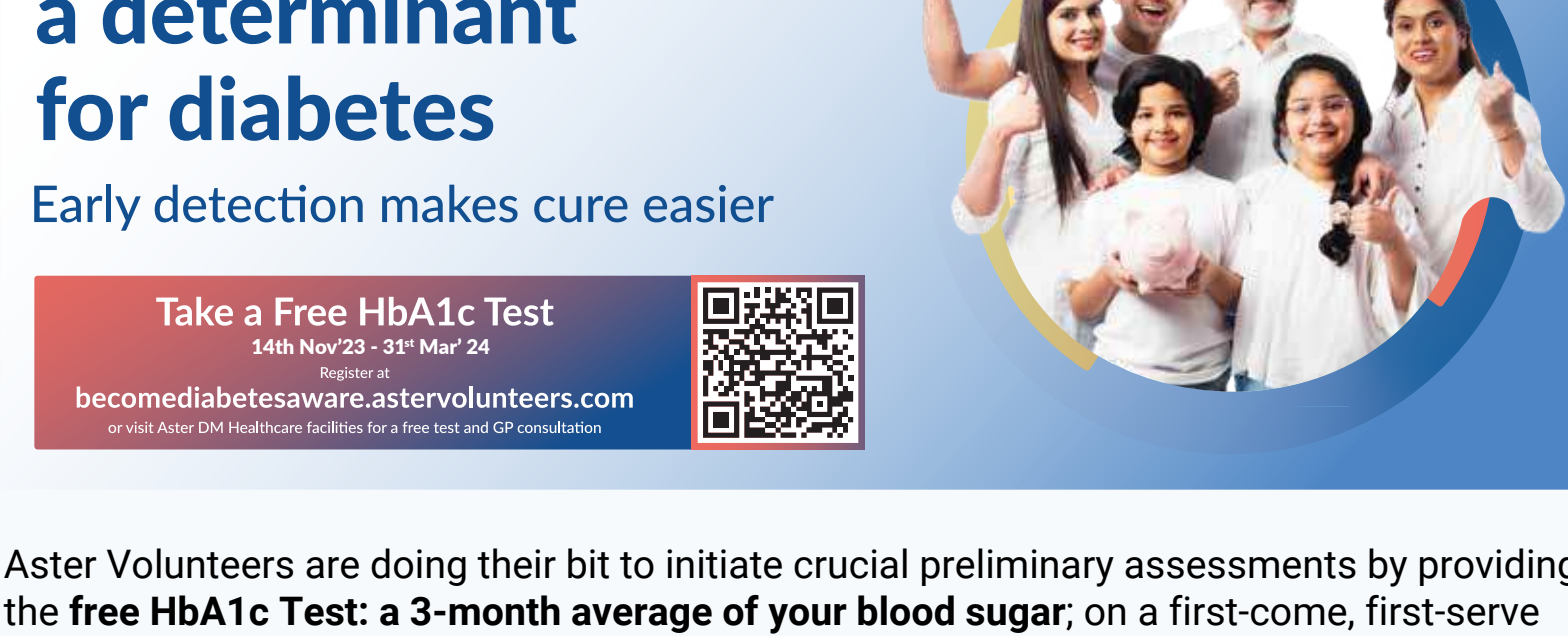


#AsterVolunteersBelong



The Kindness Tree is a symbolic presence within Aster Hospitals, and it invites employee kindness through the addition of leaves featuring messages that highlight Acts of Kindness. With each new kindness message, the tree blossoms, nurturing a culture of compassion and positivity.

Our beloved Chairman, Dr. Azad Moopen, inaugurated the initiative at Aster Medcity, in the presence of Mr. Farhan Yaseen, VP, Aster India.

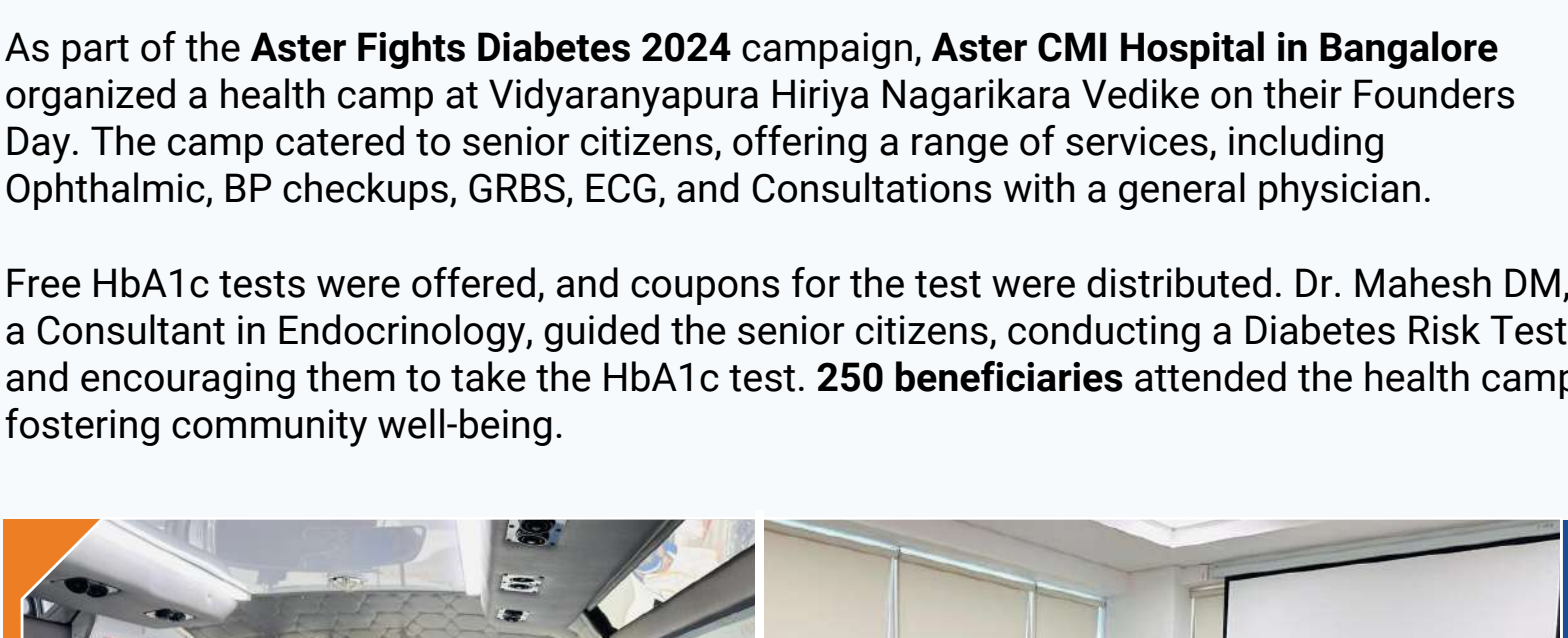


As part of our Kindness Tree initiative, Aster Volunteers from Aster Medcity Kochi fulfilled the Christmas wishes of children from the MLC orphanage in Ernakulam with the support of the Aster Sick Kids (ASK) Foundation team.

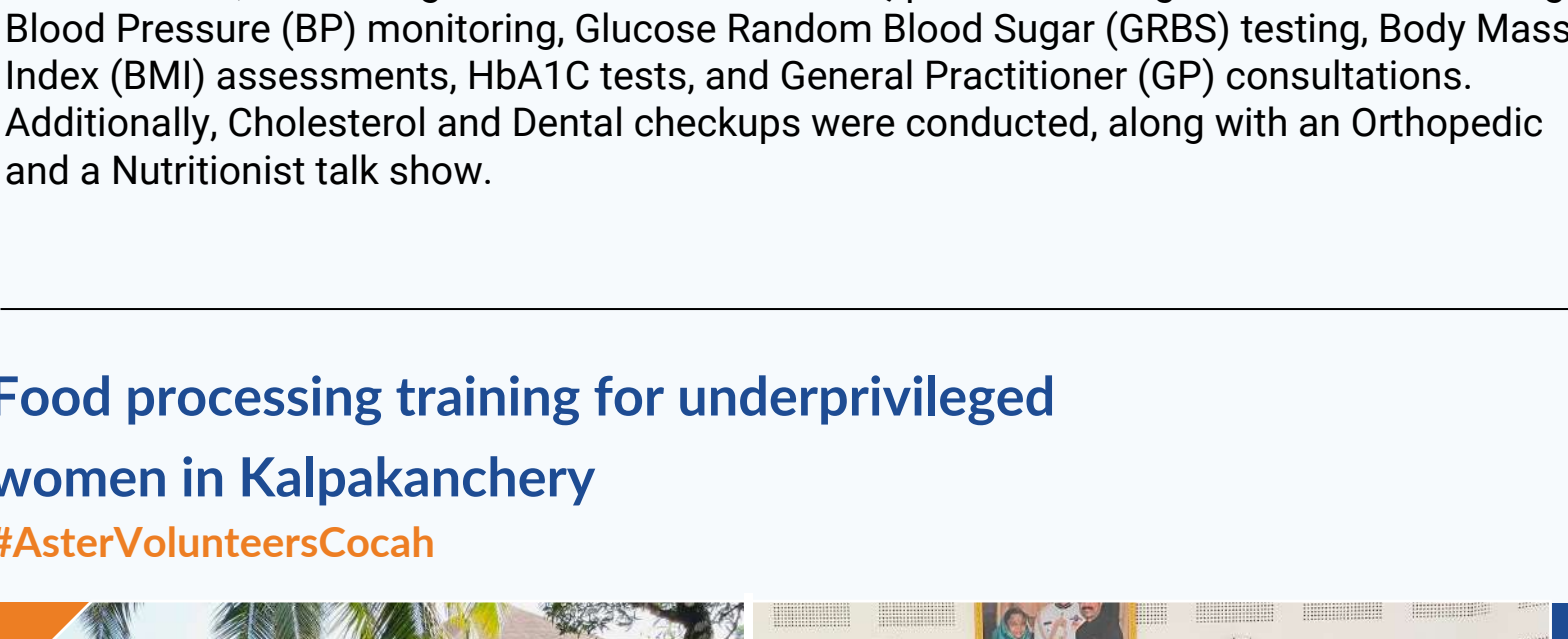
The Volunteers transformed their dreams into reality by providing them with Christmas gifts tailored to their desires, eliciting heartfelt gratitude.

Aster Volunteers from Aster MIMS Calicut spread joy and made the season brighter for those in need by celebrating Christmas with underprivileged children from the Govt. Girls and Boys Home in Kozhikode. The volunteers presented cakes and new dresses to the children, creating a unique and heartwarming experience for all.

The event was organized by Aster Volunteers and the Service Excellence Department at Aster MIMS Calicut. To further enhance the festive spirit, a Christmas-themed tree was set up at the hospital, adorned with wish lists from the children.



Aster Volunteers from Aster MIMS Hospital Kannur proudly announced the successful completion of the Kindness Tree Initiative, wherein the heartfelt wishes of 15 Anganwadi kids at Chala, Kannur, were joyfully fulfilled.



The unveiling ceremony of the Kindness Tree by Aster Volunteers at Dr. Moopen's Medical College, in collaboration with Astraia College Union, was led by the esteemed Executive Trustee, Mr. U Basheer. Present at the ceremony were the Dean Dr. Gopakumar Kartha, Vice Dean Dr. AP Kamath, Medical Superintendent Dr. Manoj Narayanan, Additional Medical Superintendent Dr. Aneesh Basheer, DGM Mr. Soopy Kallangodan, Finance Head Mr. Usman, HR Head Mrs. Sangeetha Susan, CNO Mr. Gireesh Unnikrishnan, College Union Chairman Mr. Shanker, and other dignitaries.

Mr. U Basheer and Dr. Gopakumar Kartha jointly inaugurated the initiative, marking the beginning of a wonderful journey. The project is dedicated to making dreams come true, reaffirming Aster Volunteers' commitment to granting the simple wishes of orphans and disabled children, bringing them the delight of seeing their dreams come true.

## Aster's Fight Against Diabetes Continues

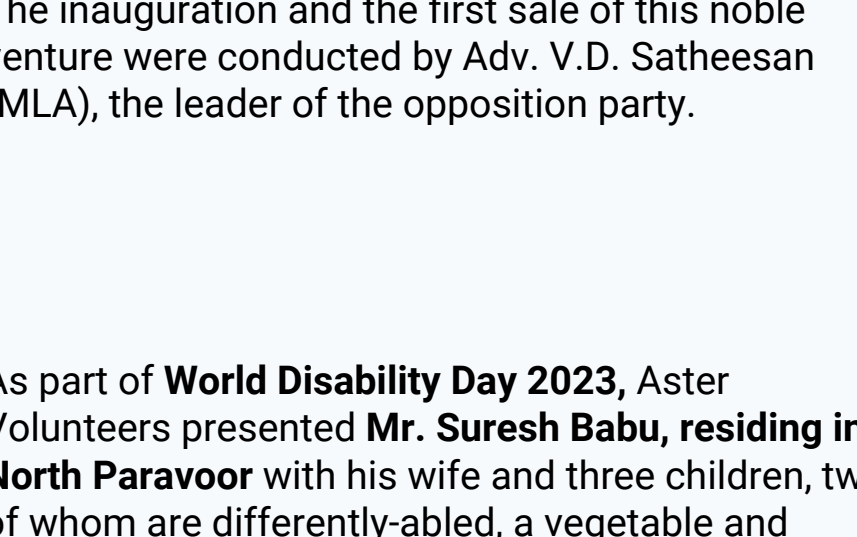
#AsterVolunteersTreatmentAid



#WorldDiabetesDay2023

## Age is no longer a determinant for diabetes

Early detection makes cure easier



Aster Volunteers are doing their bit to initiate crucial preliminary assessments by providing the free HbA1c Test: a 3-month average of your blood sugar, on a first-come, first-serve basis. We are also providing free consultations, and ensuring accessibility to vital care for those facing financial hardship. Join us in the fight against Diabetes.

Register and schedule your appointment for the HbA1c test today by visiting the website: becomediabetaaware.astervolunteers.com

Here are the units that have successfully provided HbA1c tests:

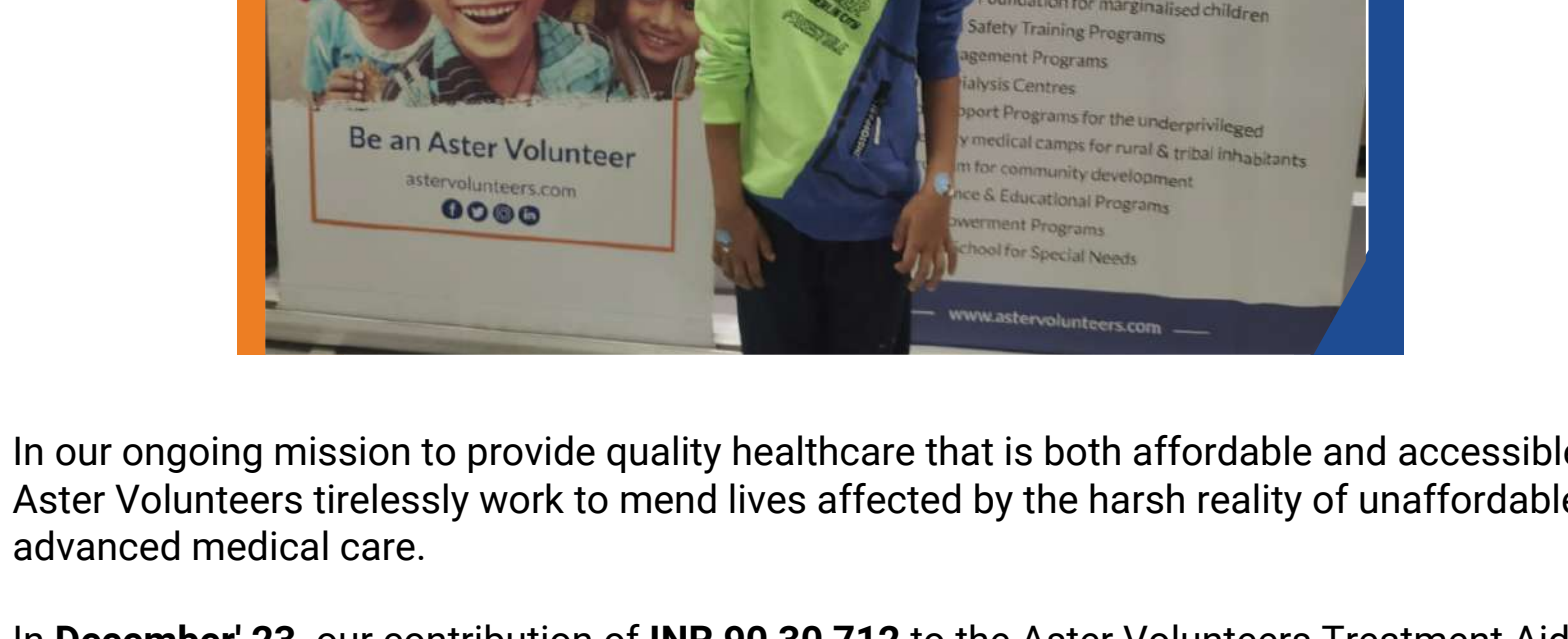


Aster Prime Hyderabad has successfully conducted 12 HbA1c camps from November 2023, benefiting a total of 666 members. These camps were specifically organized to provide free HbA1c tests for senior citizens, residents, and employees of corporate companies near Aster Prime Hospital, Amerpet, Hyderabad.



As part of the Aster Fights Diabetes 2024 campaign, Aster CMI Hospital in Bangalore organized a health camp at Vidyanayapura Hiriy Nagarikara Vedike on their Founders Day. The camp catered to senior citizens, offering a range of services, including Ophthalmic, BP checkups, GRBS, ECG, and Consultations with a general physician.

Free HbA1c tests were offered, and coupons for the test were distributed. Dr. Mahesh DM, a Consultant in Endocrinology, guided the senior citizens, conducting a Diabetes Risk Test, and encouraging them to take the HbA1c test. 250 beneficiaries attended the health camp, fostering community well-being.



Aster Volunteers Mobile Medical Services UAE, in collaboration with Aster Clinic, organized 3 comprehensive Basic Health Screening and HbA1c Camp for Al Seer Trading employees at Al Quoz, Del Monte food processing company employees at Raz Al Khor, and Ajman Bank's main branch staff.

This initiative, benefiting a total of 597 individuals, provided a range of services including Blood Pressure (BP) monitoring, Glucose Random Blood Sugar (GRBS) testing, Body Mass Index (BMI) assessments, HbA1c tests, and General Practitioner (GP) consultations. Additionally, Cholesterol and Dental checkups were conducted, along with an Orthopedic and a Nutritionist talk show.

## Food processing training for underprivileged women in Kalpakanchery

#AsterVolunteersCocah



Aster MIMS Director, Engineer Ahmed Moopen, inaugurated the certificate distribution ceremony for 50 women who completed food processing training under the Aster Volunteers Women Empowerment project by the Moopen Institute for Local Empowerment (MILEs Kalpakanchery). A total of 280 women completed the training in 5 batches. Aster Volunteer Malabar lead, Haseem KV, presided over the event. Miles Administrator, Ashkar Ali Karathode, delivered the keynote address, and social activist CP Radhakrishnan graced the occasion as the chief guest. CDS Shairoun Sakeena, Trainer Maimuna Teacher, and Industry Department Intern Jishnu also shared their thoughts during the ceremony.

## Empowerment through Livelihood: Aster DM Foundation's Initiative

#AsterVolunteersBelong

In the month of December 2024, we have walked extra mile to provide livelihood support to the few people from the underprivileged communities. Aster Volunteers extended livelihood support to 16 underprivileged individuals grappling with physical disabilities across Ernakulam, Idukki, Thrissur, and Alappuzha Districts in association with Peace Valley. The diverse set of initiatives encompassed units in pickle making, curry powder production, tailoring, electronic repair, handicrafts, lottery sales, photostat services, chicken shop management, and petty tea shops. Sri. B. Abdul Naser, IAS, Additional Secretary of Revenue for the state of Kerala, officiated the commencement of the initiative.



As part of the Aster Volunteers Livelihood Support Program, a lottery kiosk and initial stock were provided to Mr. V.C. Surendran, a resident of Kottuvadi. He and his wife are facing health challenges that require costly medications. As their sole source of livelihood comes from lottery sales, the Aster Volunteers' livelihood intervention aims to assist them in bridging financial gaps. The inauguration and the first sale of this noble venture were conducted by Adv. V.D. Sathesnan (MLA), the leader of the opposition party.



As part of World Disability Day 2023, Aster Volunteers presented Mr. Suresh Babu, residing in North Paravoor with his wife and three children, two of whom are differently-abled, a vegetable and protein street vending cart along with an initial stock. Aster Volunteers' livelihood intervention aims to assist them in making both ends meet. The inauguration and the first sale of this noble venture were conducted by the leader of the opposition party, Adv. V.D. Sathesnan (MLA).



## Reaching Doorsteps with the Mobile Medical Unit at Ramanathapuram in Tamil Nadu

#AsterVolunteersMobileMedicalServices



Aster Volunteers have launched the first mobile medical unit in the state of Tamil Nadu at the Ramanathapuram district partnered with Ashok Leyland, in association with Thanal and UNWO. The inauguration took place in the esteemed presence of the District Collector, Ramanathapuram, the District Revenue Officer, the Joint Director of Health and Family Welfare, and the Deputy Director of Health and Family Welfare for Ramanathapuram District, at the District Collectorate Office. Aster Volunteers provided an overview of the AVMS services and their benefits to the officials of the Government of Tamil Nadu during the formal inauguration ceremony. It was followed by the flag-off ceremony attended by more than 50 representatives from Ramanathapuram District. Post the event, Aster Volunteers conducted free health screenings for the Collectorate staff and the general public.

## Care on Wheels

#AsterVolunteersMobileMedicalService

In December 23, Aster Volunteers Mobile Medical Services (AVMS) organized 394 camps across India, the Middle East, and Africa delivering free healthcare to 38,668 beneficiaries. The service is dedicated to the noble pursuit of bringing exemplary healthcare to individuals who are in need.



## Making Miracles Happen

#AsterVolunteersTreatmentAid



In our ongoing mission to provide quality healthcare that is both affordable and accessible, Aster Volunteers tirelessly work to mend lives affected by the harsh reality of unaffordable advanced medical care.

In December 23, our contribution of INR 90,30,712 to the Aster Volunteers Treatment Aid brought solace to 744 individuals, serving as a lifeline in their quest to regain a semblance of life.

6.5 Years of dedicated service  
75,000+ selfless volunteers  
4.8 Million+ lives impacted

Our welfare initiatives primarily focus on the following sectors



Together, we can accomplish a lot more and reach out to millions.