

## 7 Years of Serving Humanity



When the Dr. Azad Moopen, Founder and Chairman of Aster DM Healthcare initiated the Aster Volunteers initiative on the 11th of December 2016, he had a vision to serve and a compassionate team to make it a reality. Now 7 years into the humanitarian journey Aster Volunteers has touched the lives of 5,167,543+ individuals with the relentless assistance of our 76,970+ dedicated volunteers from across the geographies.

Aster Volunteers is committed to embody what it is to stand by each other in the moments of crisis, working on today to plant the seedlings for a better tomorrow.

### Inauguration of Aster Volunteers Mobile Medical Services and Community Medical Services Namakkal, Tamil Nadu

#AsterVolunteersAid



Aster Volunteers in collaboration with Ashok Leyland and an NGO based at Namakkal - Health and Education Alternative Development Studies (HEALDS), launched Aster Volunteers Community Medical Services (AVCMS) and Aster Volunteers Mobile Medical Services (AVMMS) in Namakkal, Tamil Nadu.

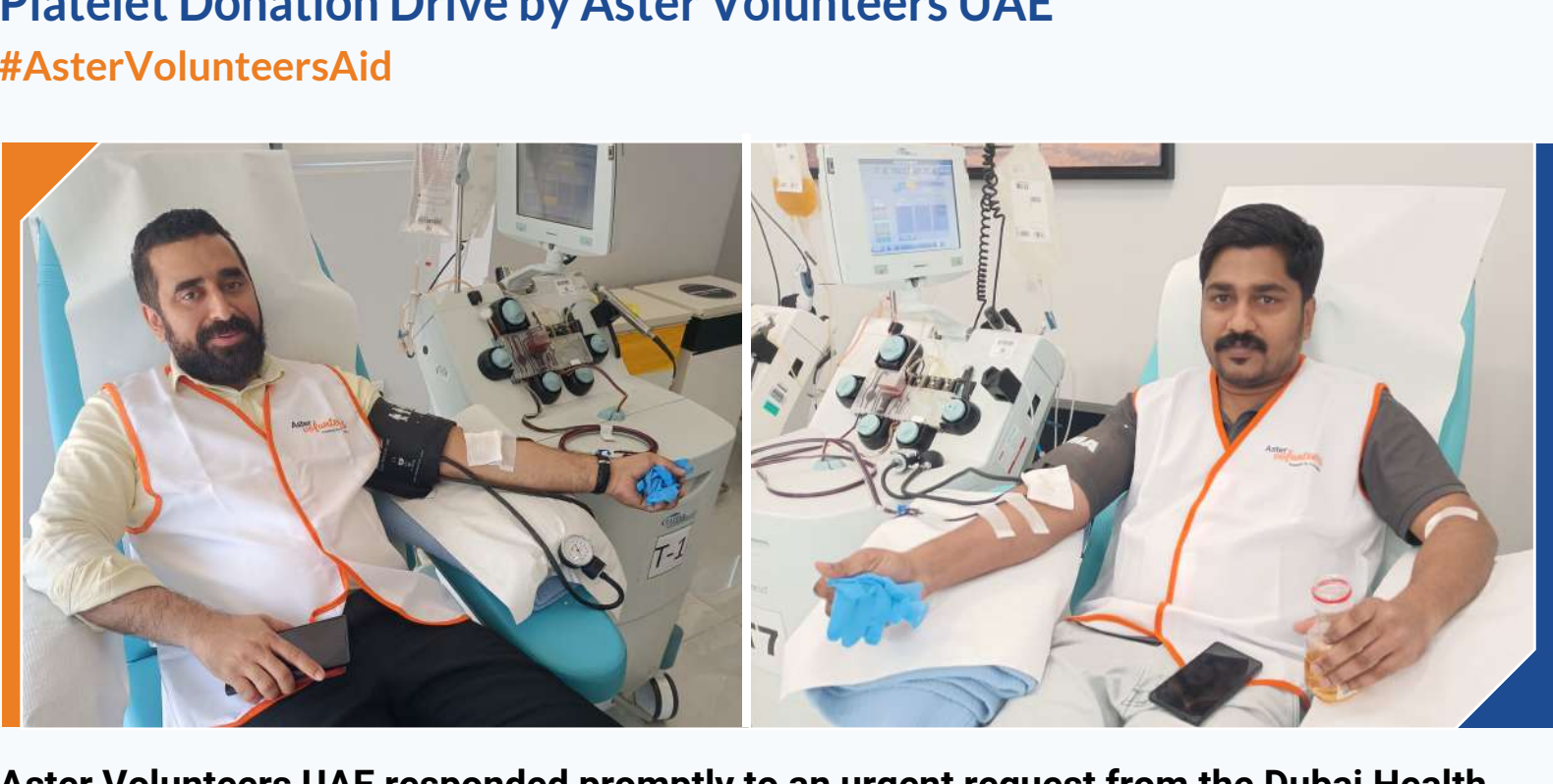
The event was attended by Mr. NV Balachander, President, CSR & Corporate Communication, Ashok Leyland and Mr. Sasikumar, Head, CSR and Corporate Affairs, Ashok Leyland, Mr. Murugesan from RTO Namakkal, and Dr. K Santha Arulmozhi, Dean of Government Medical College and Hospital, Namakkal.

The vehicle unit will travel around Namakkal, targeting truckers and sex workers for HIV/AIDS awareness, and conducting free health camps for farmers and students, offering ophthalmic, audiometry tests, and general health checkups.

The telehealth services at AVCMS Namakkal will significantly improve access to free online specialty consultations for local communities.

### Inauguration of AVMMS in Chatia, Odisha

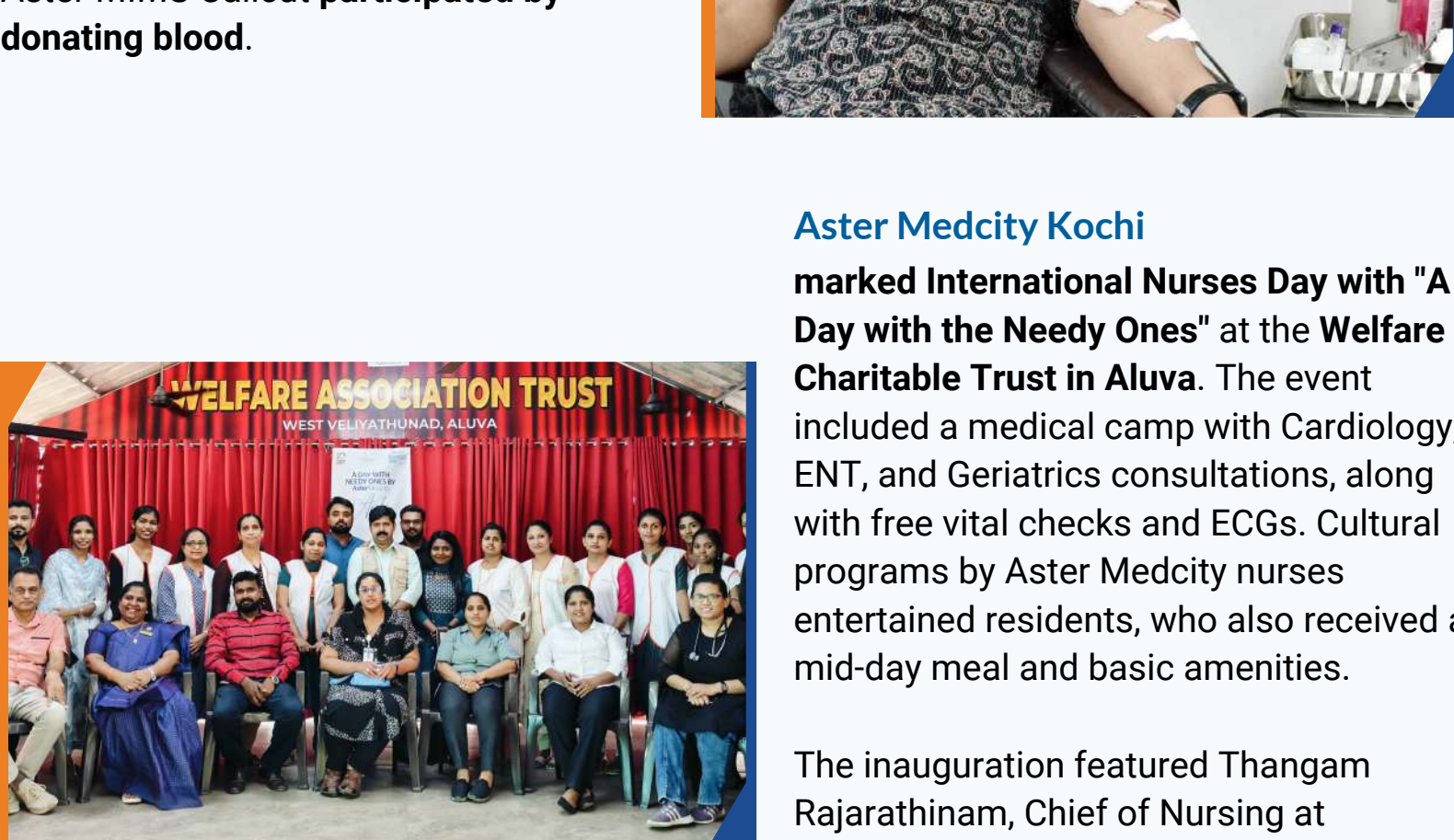
#AsterVolunteersAid



Aster Volunteers in collaboration with Ashok Leyland and a local NGO based at Chatia, Odisha - People's Cultural Centre (PECUC) inaugurated the Aster Volunteers Mobile Medical Services (AVMMS) at the Driver Training Institute in Chatia, Odisha. This event marked the commencement of our first health camp for driver trainees at the DTI campus in Chatia, Odisha.

### Inauguration of Women on Wheels initiative

#AsterVolunteersAid

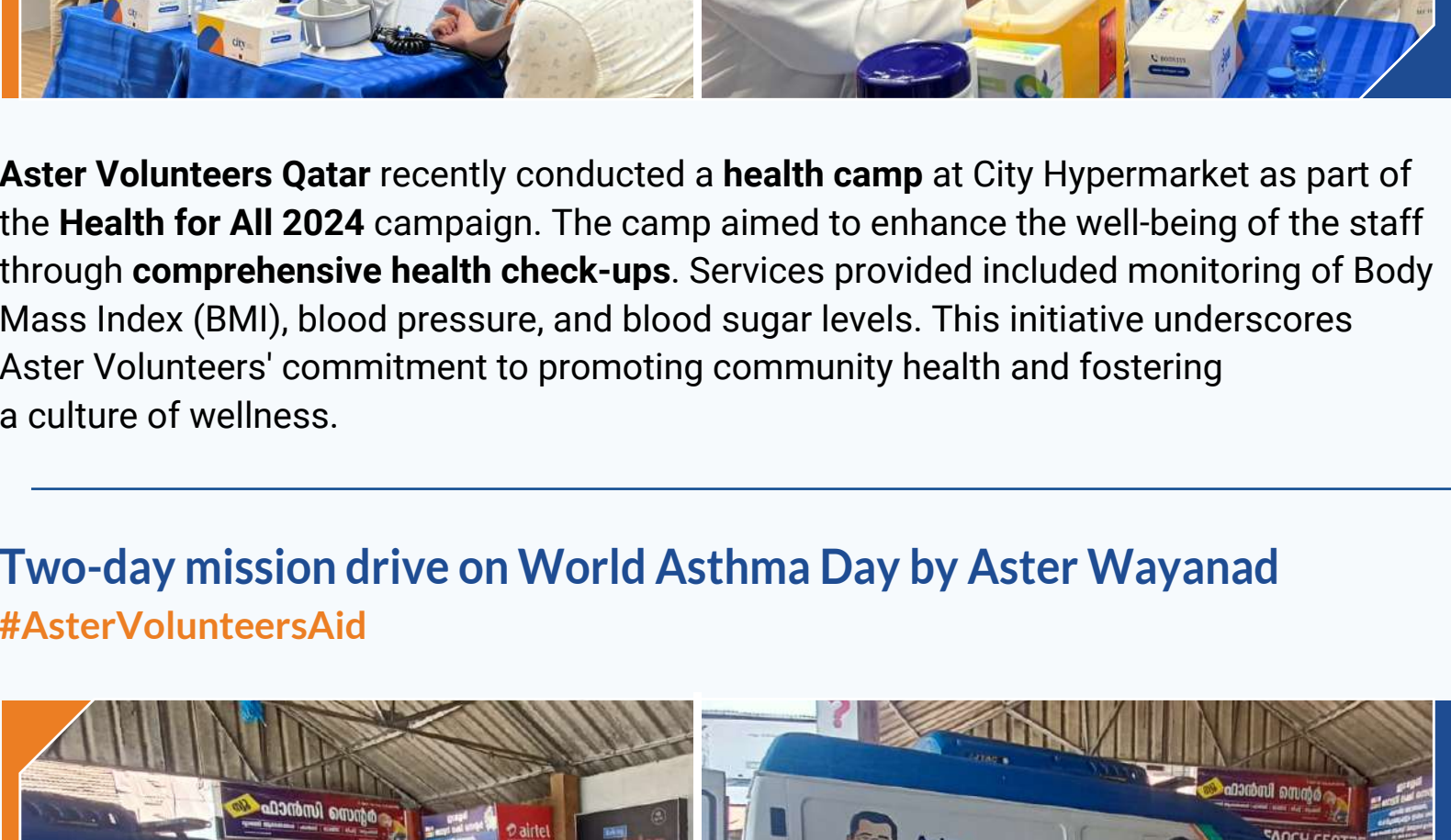


The Moopen Institute for Local Empowerment (MILEs) Kalpakanchery, Kerala along with Aster Volunteers collaborated with the National NGO Confederation to launch the "Women on Wheels" initiative, distributing 27 scooters to women in its first phase with 50% financial support. This project aims to enhance opportunities for women and help them achieve greater heights.

The initiative was inaugurated by Er. Ahmed Moopen, Director of Aster MIMS, and presided over by Mr. K. V. Haseem, Lead of Aster Volunteers Malabar. The keynote address was delivered by Adv. Ashkar Ali Karathode, Administrator of MILES. Mr. Ummer Chirakkal, District General Secretary of the NGO Confederation, and Mr. Shameem Master also spoke at the event.

### Platelet Donation Drive by Aster Volunteers UAE

#AsterVolunteersAid



Aster Volunteers UAE responded promptly to an urgent request from the Dubai Health Authority (DHA) by donating blood platelets at the Blood Donation Centre in Dubai. 25 volunteers participated in this initiative, demonstrating their commitment to supporting critical healthcare needs and their dedication to community service.

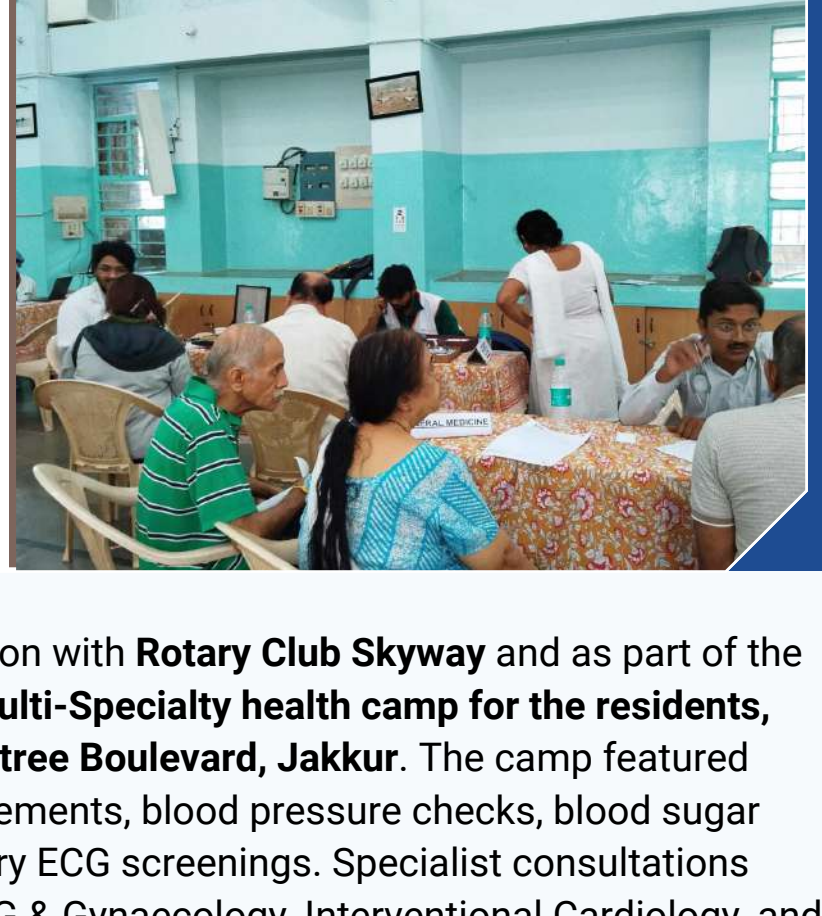
### International Nurses Day Celebration by Aster Hospitals, Kerala Cluster

#AsterVolunteersAid

#AsterVolunteersBelong

#### Aster MIMS Calicut

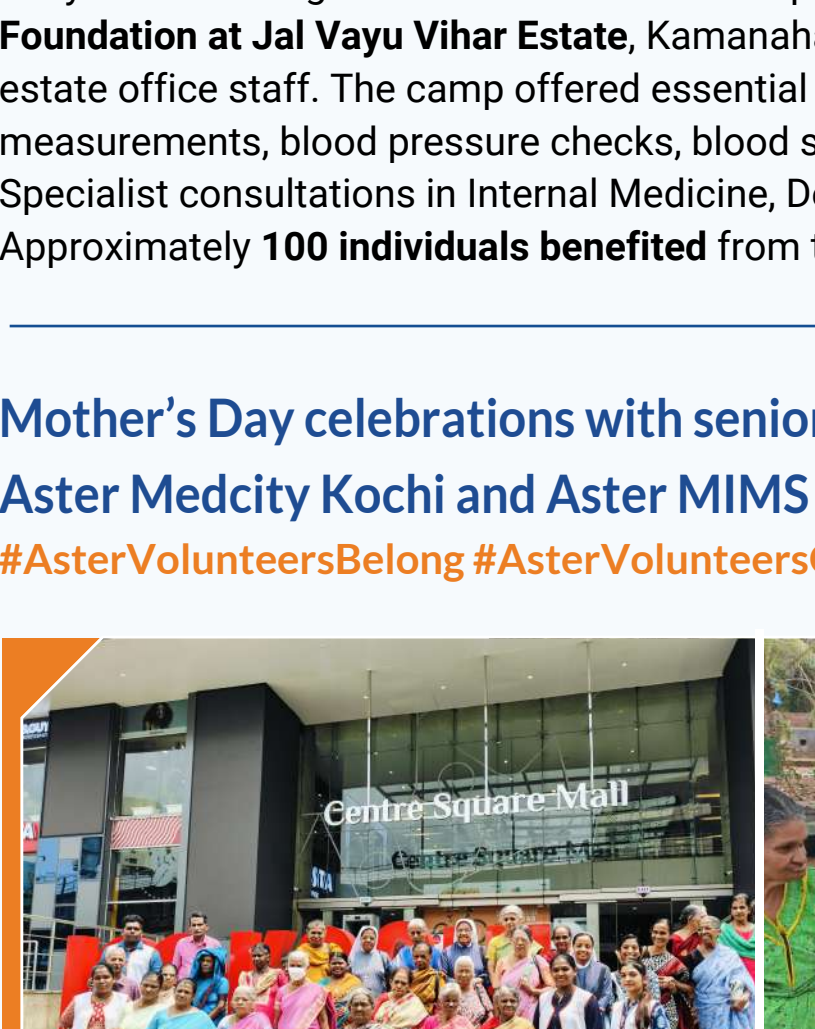
Aster Volunteers with the Aster MIMS Nursing Department collaborated to host a blood donation drive on the occasion of International Nurses Day. Over 100 nursing professionals from Aster MIMS Calicut participated by donating blood.



#### Aster Medcity Kochi

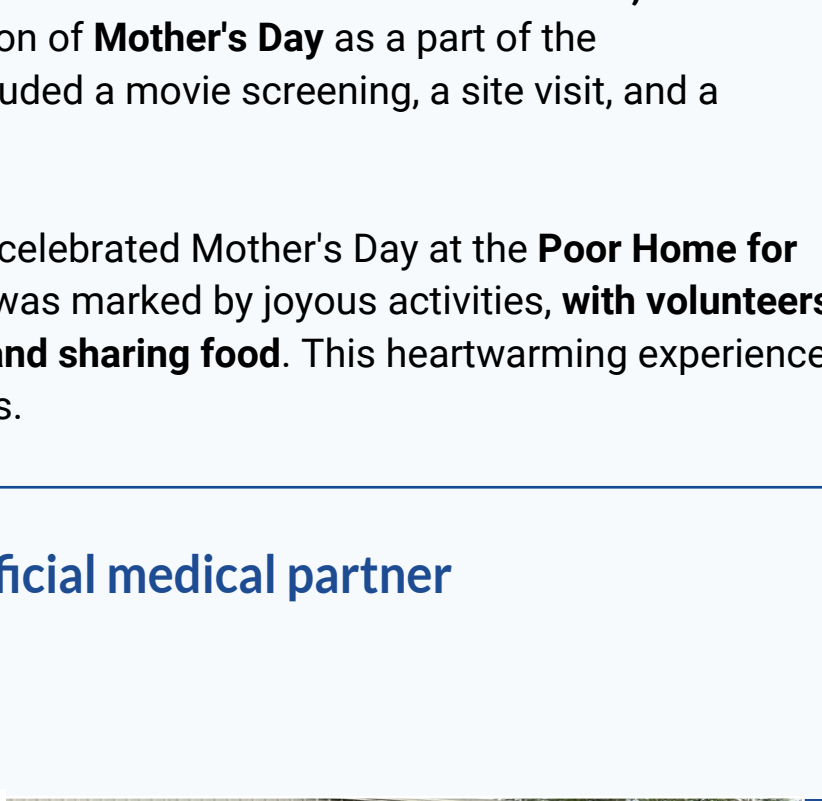
marked International Nurses Day with "A Day with the Needy Ones" at the Welfare Charitable Trust in Aluva. The event included a medical camp with Cardiology, ENT, and Geriatrics consultations, along with free vital checks and ECGs. Cultural programs by Aster Medcity nurses entertained residents, who also received a mid-day meal and basic amenities.

The inauguration featured Thangam Rajarathinam, Chief of Nursing at Aster DM Healthcare, India and Dr. Mansoor Hassan, Chairman of the Welfare Association Trust, delivering speeches.



#### Aster MIMS Kottakkal

Aster Volunteers with the Aster MIMS Nursing Services organised a blood donation drive. This initiative celebrated the invaluable contribution of nurses and aimed to meet the urgent need for blood donations.



The event involved 28 dedicated volunteers who generously donated blood, exemplifying their commitment to serving the community. Their selflessness underscores the values of solidarity and compassion within healthcare.

### Health Camp by Aster Qatar at City Hypermarket

#AsterVolunteersAid



Aster Volunteers Qatar recently conducted a health camp at City Hypermarket as part of the Health For All 2024 campaign. The camp aimed to enhance the well-being of the staff through comprehensive health check-ups. Services provided included monitoring of Body Mass Index (BMI), blood pressure, and blood sugar levels. This initiative underscores Aster Volunteers' commitment to promoting community health and fostering a culture of wellness.

### Two-day mission drive on World Asthma Day by Aster Wayanad

#AsterVolunteersAid



Dr. Moopen's Medical College, in partnership with the Rotary Club and Pristine Pearl Pharma, conducted a two-day mission drive throughout various parts of Wayanad on the occasion of World Asthma Day as a part of the Health For All 2024 initiative. Led by Aster Volunteers, this initiative offered crucial healthcare services to the community, including doctor consultations, spirometry tests, blood sugar screenings, and blood pressure checks.

### Multi-Specialty Health Camps organized by Aster CMI Hospital Bangalore

#AsterVolunteersAid



Aster CMI Hospital Bangalore in collaboration with Rotary Club Skyway and as part of the Health For All 2024 initiative, organized a Multi-Specialty health camp for the residents, housemaids, and security staff at L&T Raintree Boulevard, Jakkur. The camp featured services such as height and weight measurements, blood pressure checks, blood sugar tests, free eye check-ups, and complimentary ECG screenings. Specialist consultations were also provided in Internal Medicine, OBG & Gynaecology, Interventional Cardiology, and Ophthalmology. Approximately 150 individuals benefited from this comprehensive health initiative.

They have also organized another health camp in collaboration with Vayan Vikas Foundation at Jal Vayu Vihar Estate, Kamanahalli, catering to ex-Air Force officers and office staff. The camp offered essential services such as height and weight measurements, blood pressure checks, blood sugar tests, and free eye check-ups. Specialist consultations in Internal Medicine, Dentistry, and Dietetics were also available. Approximately 100 individuals benefited from this health camp initiative.

### Mother's Day celebrations with senior citizens by Aster Medcity Kochi and Aster MIMS Calicut

#AsterVolunteersBelong #AsterVolunteersGeriatricCare



Aster Volunteers from Aster Medcity Kochi, in collaboration with the Rotary Club, organized a special one-day outing for the mothers of the House of Providence, an assisted living in Ernakulam. On the occasion of Mother's Day as a part of the Health For All 2024 initiative, the event included a movie screening, a site visit, and a delightful mid-day meal.

Aster Volunteers from Aster MIMS Calicut celebrated Mother's Day at the Poor Home for Mothers in Westhill, Kozhikode. The event was marked by joyous activities, with volunteers singing with the residents, serving meals, and sharing food. This heartwarming experience created lasting memories for all participants.

### Aster Hospital Whitefield as the official medical partner for Walkathon 2024

#AsterVolunteersAid



Aster Hospital Whitefield collaborated with Decathlon Whitefield as the official medical partner for Walkathon 2024. The initiative attracted 57 participants, who actively engaged in the event, underscoring their commitment to promoting health and fitness in the community.

### Summer Camp for teenagers by MILEs

#AsterVolunteersCoach



The Moopen Institute for Local Empowerment (MILEs) Kalpakanchery, Kerala with the support from Aster Volunteers hosted "EXUBERANTIA 2024," a transformative four-day summer camp. The camp focused on enhancing soft skills, leadership abilities, stress management, and emotional resilience among teenagers and MILEs volunteers. It also featured art therapy sessions for holistic development.

Mr. K. V. Haseem, Lead of Aster Volunteers Malabar and Manager of Aster MIMS Charitable Trust, inaugurated the event. Esteemed coaches and professionals conducted sessions, including Mr. M. Prasad, Human Excellence and Life Skills Coach, and Miss Rajeswari, Employability and Life Skills Coach. Adv. Hashkar Ali Karathode, Administrator of MILES, delivered the presidential address, setting the stage for an enriching experience aimed at personal growth and skill development.

### Care on Wheels

#AsterVolunteersMobileMedicalService

In May '24, Aster Volunteers Mobile Medical Services (AVMMS) organized 417 camps across India, the Middle East, and Africa delivering free healthcare to 32,301 beneficiaries. The service is dedicated to the noble pursuit of bringing exemplary healthcare to individuals who are in need.



### Making Miracles Happen

#AsterVolunteersTreatmentAid



In May '24, our contribution of INR 4,818,555 to the Aster Volunteers Treatment Aid brought solace to 564 individuals, serving as a lifeline in their quest to regain a semblance of life.

In our ongoing mission to provide quality healthcare that is both affordable and accessible, Aster Volunteers tirelessly work to mend lives affected by the harsh reality of unaffordable advanced medical care.

7 Years of dedicated service  
76,970 registered volunteers  
5,167,543 lives touched

Our welfare initiatives primarily focus on the following sectors



Together, we can accomplish a lot more and reach out to millions.