Aster Volunteers' Herald
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Asterians across geographies unite in their commitment to a greener tomorrow

Aster Volunteers Bengaluru

On **World Environment Day 2024**, Aster Volunteers across India and KSA undertook various initiatives to plant trees and nurture the environment. In Bengaluru, **Aster Volunteers planted over 700 native plants** from the Aster Nursery, which will be nurtured by the volunteers and their families.

Founder and Chairman Dr. Azad Moopen, has started the initiative by securing the first sapling in his name. Across India, Aster Volunteers also collaborated with partners to plant trees in exclusive settings.

Aster Volunteers in Bengaluru and activities that Aster Volunteers across various regions undertook to celebrate the importance of preserving our environment.

Aster Volunteers Celebrate World Environment Day

launched the **Distribution of Seedlings Plant Campaign** on the occasion of World Environment Day. Over 1,000 seedlings of various fruit and flower species were distributed, as revealed by Aster Volunteers Leaders Ms. Sajitha Chowdary and Aster Volunteers.

Aster Qatar

Aster Qatar also **heavily pay tribute** to Mother Nature by organizing a tree-planting initiative in various Aster clinics. The initiative not only enhances green spaces but also educated Aster employees and their families about the vital role these green spaces play in human c

Aster DM Healthcare India

Aster DM Healthcare India is actively **promoting sustainability initiatives** by planting **500 saplings** at its Kozhikode Hospital, in collaboration with the **Mamam Kavu in Kozhikode**. The initiative aims to enhance the green cover of Kozhikode City while promoting environmental awareness among the community. The hospital has also organized various awareness sessions and activities to educate its staff and the local community about the importance of tree planting and sustainable practices.

Aster MEA Cultural

Aster MEA Cultural organized a tree-planting drive at the campus of World Environment Day. The event saw participation from over **150 saplings**, a joint commitment to environmental sustainability and the legacy of **Late Aster Vikram Kotiyan**, who was a passionate nature lover and a dedicated environmental advocate.

Aster Medicity Kochi

In collaboration with the **Nature Club of Aster Medicity Kochi**, a tree-planting drive was organized at Gate Resort, Kochi, on World Environment Day. Dr. S. R. Nanoti, Director of the Nature Club, emphasized the importance of preserving the Western Ghats, a biodiversity hotspot and UNESCO World Heritage Site, and the occasion was marked by the planting of native species such as Karinthali (Ficus Exasperata).

Aster DM Healthcare Bahrain

Recognized for their **commitment to environmental sustainability** and community health outreach, Aster DM Healthcare Bahrain has been **awarded the Bronze Award** by the Ministry of Health, Bahrain, for supporting healthcare professionals and patients during the **Covid-19 pandemic and for green initiatives**. The award, officially presented by the Ministry of Health, underscores the hospital's dedication to both healthcare and environmental stewardship.

Aster Medical Academy

Aster Medical Academy, Department of Anesthesiology, Kozhikode, hosted this year's event celebrating "A Healthier Planet for a Healthier Future" with a tree-planting drive. The event was inaugurated by **Dr. Sajith Kumar, Medical Superintendent and Head of Anesthesiology**, who underscored the critical role healthcare professionals play in promoting environmental awareness. The initiative saw active participation from students across various academic disciplines, including **Medical Students, Nursing Students, Interns, and Faculty**, reflecting a collective commitment to sustainability in healthcare.

Aster DM Healthcare Oman

Aster DM Healthcare Oman, **Aster Medical Centre, Muscat**, initiated as part of their Corporate Social Responsibility (CSR) activities a tree-planting campaign at Al Hail Residential Area, Muscat. The event was accompanied by enthusiastic participation from employees and their families, who collectively planted over 100 saplings, contributing to the greening of the surrounding neighborhood.

Aster MOH Cultural

Aster MOH Cultural, Bengaluru celebrated World Environment Day with a tree-planting drive at its premises, reinforcing its long-standing commitment to environmental sustainability and community health and the greening efforts.

Aster RV Hospital Bengaluru

Aster RV Hospital Bengaluru organized a successful World Environment Day event on the theme of "Land Restoration, Desertification and Drought Resilience", in which 100 employees participated.

Dubai Blood Donation Centre recognizes Aster Volunteers UAE

Aster Volunteers UAE received **recognition from the Dubai Blood Donation Centre of the Ministry of Health, United Arab Emirates**, for their contribution to the **World Blood Donor Day 2024**. Dr. **Maj Raouf, Head & Medical Director of the Dubai Blood Donation Center, expressed** appreciation for the volunteers' dedication to promoting blood donation and supporting the center's mission to ensure a safe and sufficient blood supply for the community.

Distribution of essential food and grocery to farm workers by Aster Volunteers UAE

Aster Volunteers UAE

A team of over 20 volunteers from **Aster Volunteers UAE** led by **Mr. Ajmal Kuttipurathu**, distributed **essential food and grocery ration kits for a month to farm workers** in the Al Ain area. The initiative aimed to support the farm workers during their difficult times, addressing the spirit of generosity and care, they were dedicated to creating a meaningful impact in their community.

Volunteers participated in Mr. Bharath Raj and Mr. Sasikumar Ismail and all the volunteers took part in the distribution process.

Back-to-School initiatives in Aster Hospitals, Kerala

Aster Volunteers

As the school year commencement approached, Aster Volunteers across various regions organized and implemented various initiatives facilitating to ease Asterians to ensure a seamless transition back to school for their children. Here are a few highlights:

In collaboration with the Forest and Wildlife Department, Aster Volunteers Kozhikode organized a tree-planting drive at Kozhikode Zoological Park to celebrate World Environment Day. The event saw active participation from students, volunteers, and staff, with school buses participating from various locations. The initiative underscored the importance of fostering environmental awareness among students across various locations in Kozhikode, including Kozhikode, Kottakkal, and Thrissur.

Aster Volunteers Kozhikode, in collaboration with Aster Medicity Kozhikode, organized a Back-to-School Health Camp at Kozhikode Zoological Park. The initiative aims to ensure the well-being of students by providing essential health screenings and promoting awareness about hygiene and nutrition. The camp underscored the importance of proactive healthcare measures in supporting the overall development of students.

Dr. Vikram's School of Colour Mosaic

Dr. Vikram's School of Colour Mosaic organized a **cleaning drive** at **Bellandur Lake** on World Environment Day. Dr. Vikram's Nursing College and Aster Medical Academy, Department of Anesthesiology, Kozhikode, also **planted 50 saplings** at Kozhikode Zoological Park.

Aster Volunteers Kozhikode also organized a tree-planting drive at Kozhikode Zoological Park, in collaboration with the Forest and Wildlife Department, Kozhikode, Dr. Sajith Kumar, Medical Superintendent, Mr. Sooja Kandangan Kunhi, Mr. Ajith Kumar, Mr. Ajith Kumar, Mr. Sasjeevan, Mr.Vinod, Mr. Ajith Kumar, Mr. Ajith Kumar, Mr. Ajith Kumar