

A Milestone of Compassion: 6 Million Lives and Counting....

6
MILLION+
LIVES TOUCHED



Experience the journey. Feel the impact. Watch our latest annual impact film as of 31st March 2025. [▶](#)

What began as a simple act of compassion has, under the vision of our **Founder Chairman, Dr. Azad Moopen**, grown into a powerful global movement of care and hope. Today, Aster Volunteers has touched more than **6 million lives** across countries, with the support of over **85,000 dedicated volunteers**.

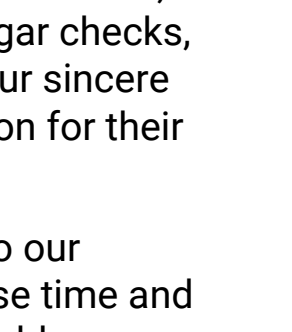
From mobile medical services, free health screenings, and treatment aid to disaster relief, blood donation, education, community development, and environmental protection, every initiative reflects our purpose-driven vision and commitment to serve.

We extend our heartfelt gratitude to our staff and colleagues who serve as internal volunteers, to our stakeholders, partners, and associates who strengthen our reach, and to the external volunteers who add immense value to this movement. Together, you have transformed a vision into a global mission of healing and humanity.

To those who have not yet joined, we warmly welcome you to become part of this journey. Please visit astervolunteers.com/Volunteer/becomeavolunteer to register. Every act of kindness counts, and together, we can continue building a legacy of care, compassion, and hope.

Spreading Wellness Across the GCC

#AsterVolunteersAid

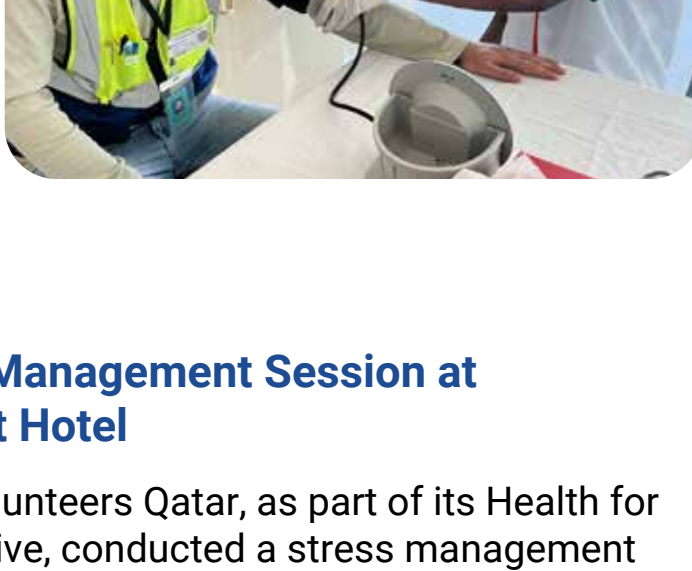
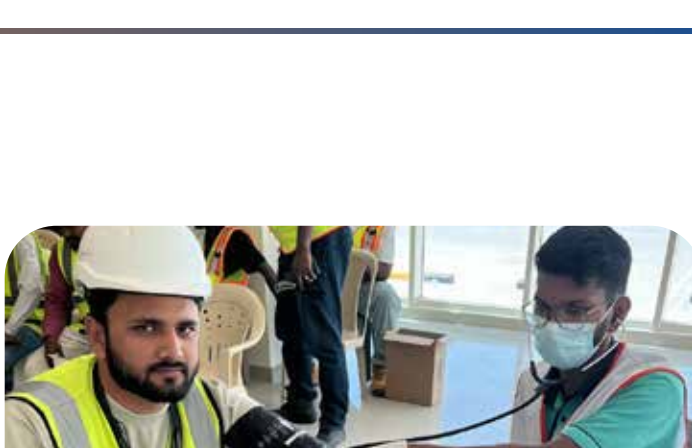


UAE

Mega Medical Screening Camp for the Sudanese Community, Abu Dhabi

Aster Volunteers Mobile Medical Services UAE, in collaboration with Aster Hospitals & Clinics, organised a successful multispecialty health screening camp for the Sudanese community at their social club in Abu Dhabi. The camp served **1,202 individuals**, including over **300 elderly patients** who received dedicated care.

The camp offered a wide range of services including BP, GRBS, and BMI screenings, along with consultations across key specialties such as Family Medicine, Orthopaedics, Paediatrics, General Surgery, ENT, Urology, Obstetrics & Gynaecology, Internal Medicine, Neurology, Dentistry, and Cardiology.



Medical Camp held for the Blue Collared Workers at Sobha Construction, Dubai

Aster Volunteers in collaboration with Aster Hospital Sonapur Dubai, Organised a free Mega Medical Camp at Sobha Construction. The camp provided essential multi-specialty health screenings to 115 individuals benefiting from free medical care.

Services included GP and ENT consultations, ECGs, blood pressure and blood sugar checks, and general health assessments. Our sincere gratitude goes to Sobha Construction for their generous support.

We also offer our heartfelt thanks to our dedicated external volunteers, whose time and commitment have been truly invaluable:

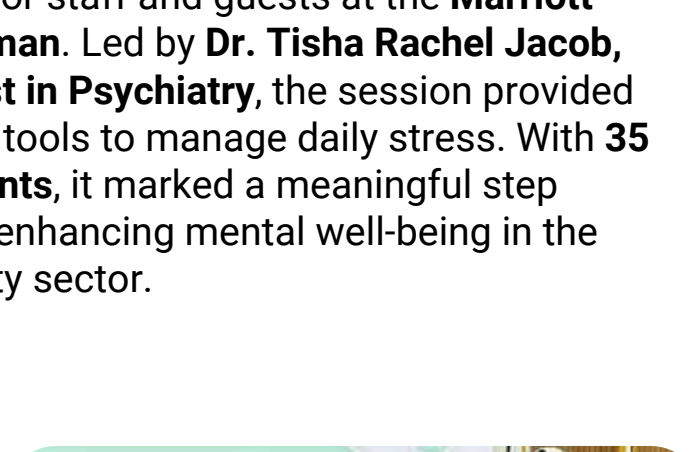
Dr. Shamsa Abdulla Bin Hamad; Lina Lampkin; Ali Al Neyadi; Basma Alshamsi; Christine Schiwietz; Fatma Bin Shabib; Haleema Al Marzooqi; Hareth Al Hashmi; Ahmed Al Murr; Taslin Al Falasi.

Your contributions have made a lasting impact, and we are deeply grateful.

Qatar

Free Medical Camp for Ooredoo Employees

As part of the Health for All campaign, Aster Volunteers Qatar collaborated with Ooredoo Internet to organize a free medical camp for their employees. The camp offered key health services such as blood pressure checks, BMI screening, GRBS testing, and general practitioner consultations. A total of **73 employees** benefited from the initiative, reinforcing the importance of preventive care in the workplace.

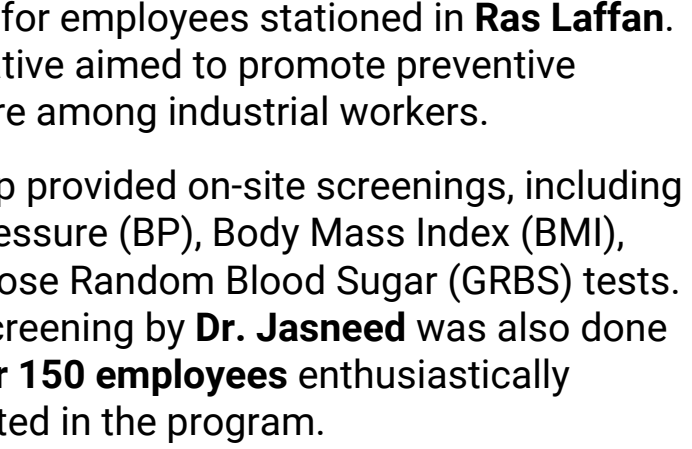


Stress Management Session at Marriott Hotel

Aster Volunteers Qatar, as part of its Health for All initiative, conducted a stress management session for staff and guests at the **Marriott Hotel, Oman**. Led by **Dr. Tisha Rachel Jacob, Specialist in Psychiatry**, the session provided practical tools to manage daily stress. With **35 participants**, it marked a meaningful step towards enhancing mental well-being in the hospitality sector.

Health Awareness Sessions at Valley Forge Academy

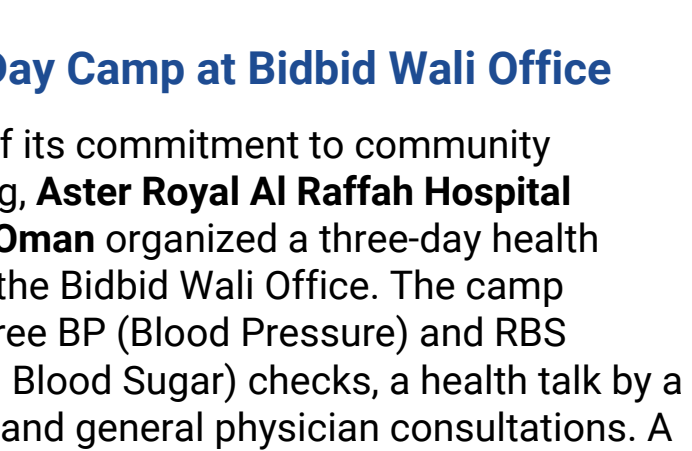
Under the Health for All initiative, Aster Volunteers in association with Aster Hospital Qatar brought health education directly to students at Valley Forge Academy. **Dr. Leena Edattukaran Denny, Specialist, Obstetrics & Gynecology**, and **Dr. Nishana E, Paediatric Dentist**, led engaging awareness sessions on eye care and dental hygiene. With **120 students** participating actively, the sessions were well-received by the school.



Medical Camp at Qatar Shipyard

As part of the Health for All Campaign, Aster Volunteers Qatar partnered with Qatar Shipyard to organize a comprehensive health screening program for employees stationed in **Ras Laffan**. The initiative aimed to promote preventive healthcare among industrial workers.

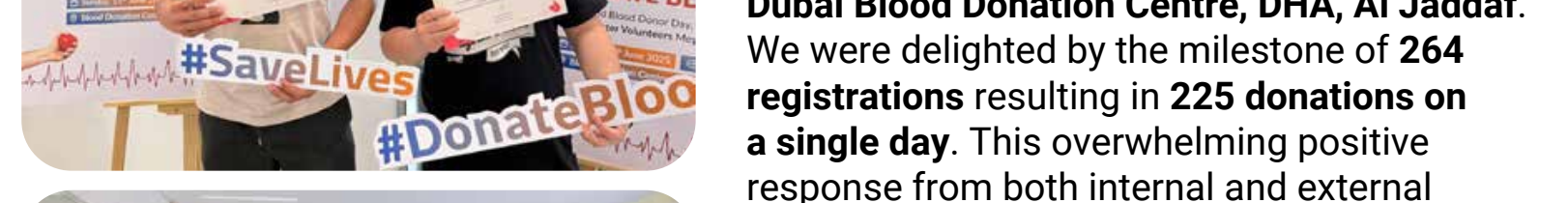
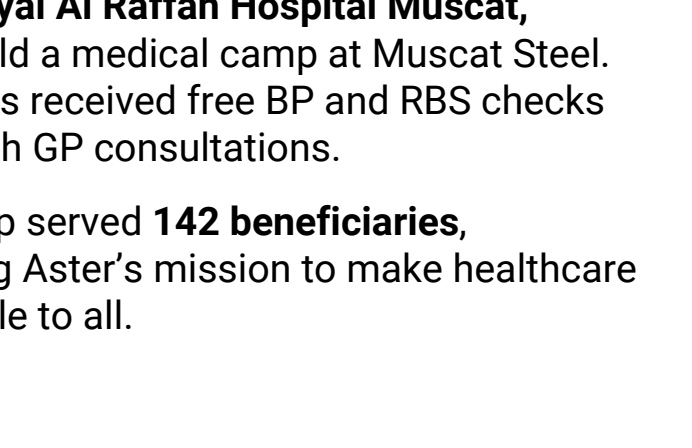
The camp provided on-site screenings, including Blood Pressure (BP), Body Mass Index (BMI), and Glucose Random Blood Sugar (GRBS) tests. Dental screening by **Dr. Jasneed** was also done with **Over 150 employees** enthusiastically participated in the program.



Eid Al Adha Medical Camp in Qatar

Aster Volunteers Qatar along with Aster Volunteers Mobile Medical Services in partnership with the **Ministry of Interior and Malabar Gold** brought healthcare closer to the community during the Eid festivities. As part of the celebrations at **Asian Town and Al Khor**, we hosted vibrant medical camps offering free BP, RBS, and BMI checks, promoting wellness where it matters most.

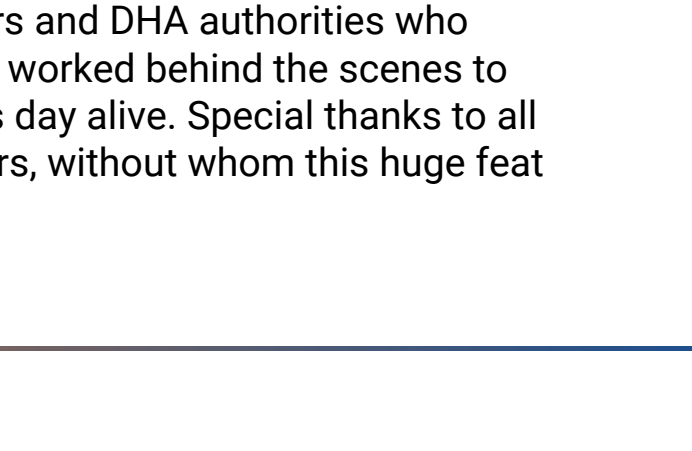
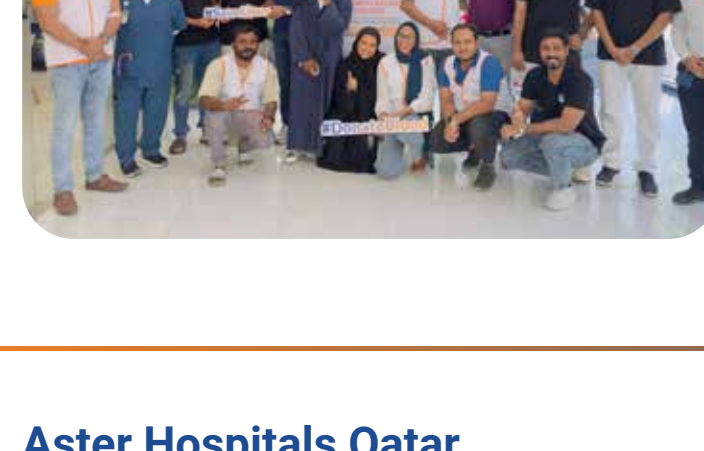
With a festive crowd of over **7,000 attendees**, the event became a powerful reminder that good health is a gift worth sharing. Together, we celebrated Eid with care, compassion, and community at heart.



Oman

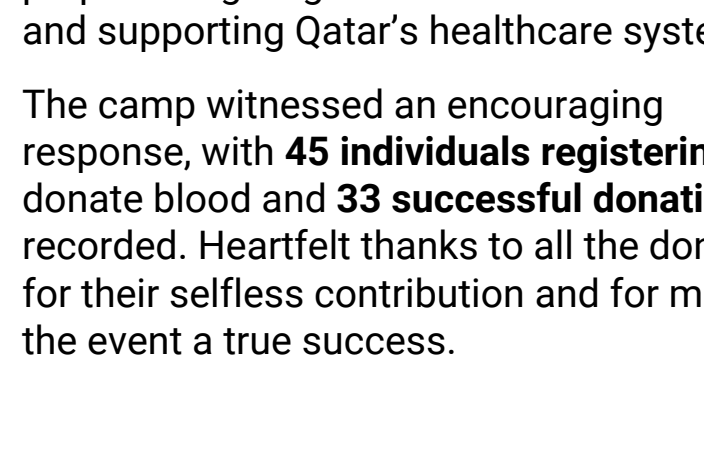
Three-Day Camp at Bidbid Wali Office

As part of its commitment to community well-being, **Aster Royal Al Raffah Hospital Muscat, Oman** organized a three-day health camp at the Bidbid Wali Office. The camp offered free BP (Blood Pressure) and RBS (Random Blood Sugar) checks, a health talk by a dietitian, and general physician consultations. A total of **345 beneficiaries** took advantage of the services, making the event a meaningful step toward preventive healthcare access.



Medical Screening in Oman Oil Marketing Company

Aster Volunteers in association with **Aster Royal Al Raffah Hospital Muscat, Oman** conducted a focused medical screening camp for employees at Oman Oil Marketing Company. The services included dental consultations, BP, and RBS checks. The initiative benefited **267 individuals**, emphasizing the importance of workplace wellness.



Screening Camp at Muscat Steel

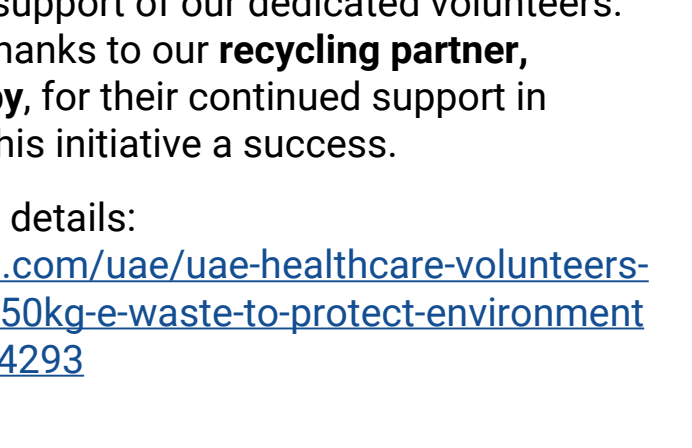
Reaching out to the industrial workforce, **Aster Royal Al Raffah Hospital Muscat, Oman** held a medical camp at Muscat Steel. Attendees received free BP and RBS checks along with GP consultations.

The camp served **142 beneficiaries**, furthering Aster's mission to make healthcare accessible to all.



Pediatric Specialized Camp

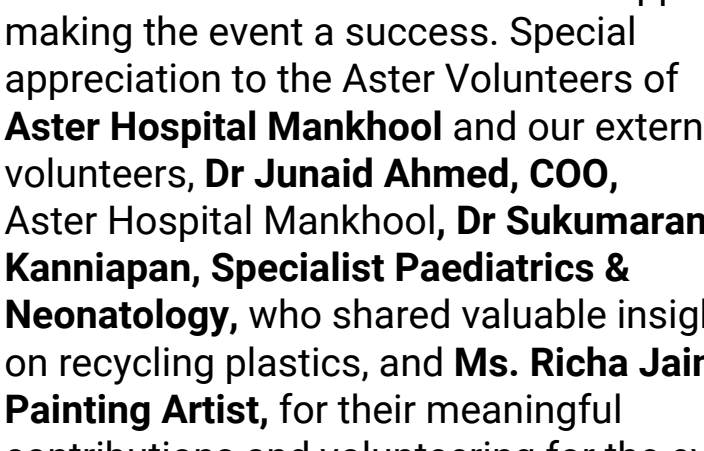
Aster Volunteers along with **Aster Royal Al Raffah Hospital Muscat, Oman** hosted a dedicated Pediatric Specialized Camp, providing free consultations for children and distributing wellness vouchers to families. The camp supported **45 beneficiaries**, underscoring Aster's ongoing focus on pediatric care and early health interventions.



Hope Flows Through Blood Donation Drives

on World Blood Donor Day

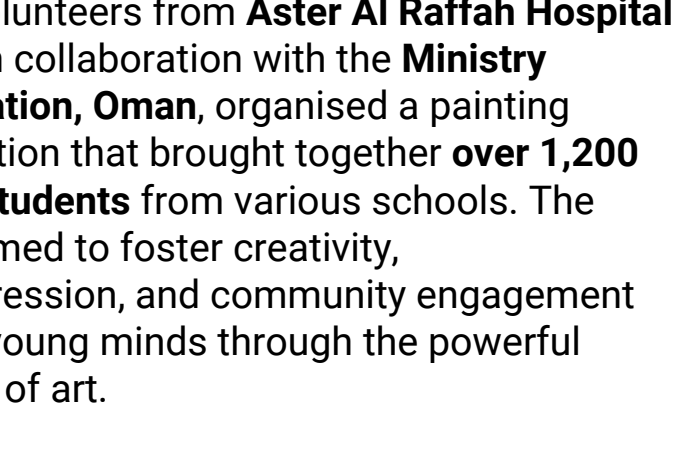
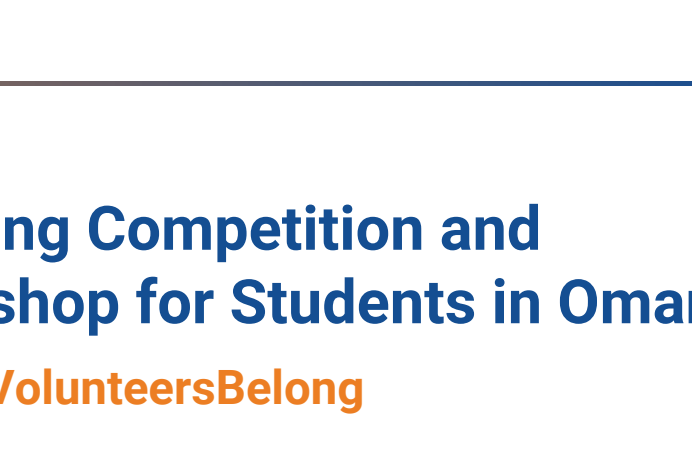
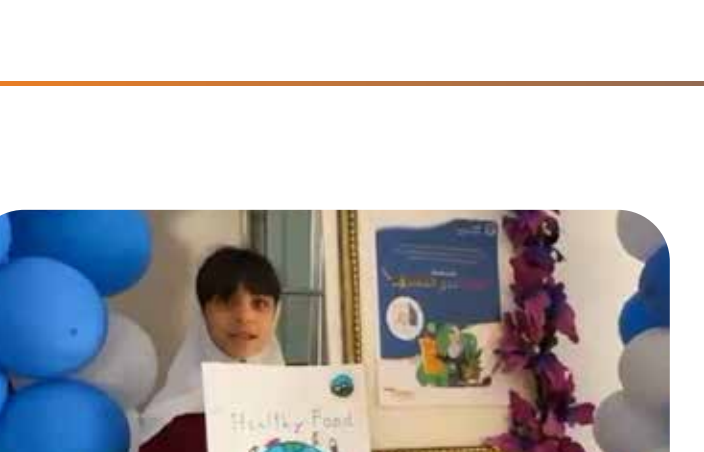
#AsterVolunteersAid



Aster Volunteers UAE

On the occasion of the World Blood Donor Day 2025, Aster Volunteers organised a mega blood donation drive in association with the **Dubai Blood Donation Centre, DHA, Al Jaddaf**. We were delighted by the milestone of **264 registrations** resulting in **225 donations on a single day**. This overwhelming positive response from both internal and external volunteers has led to a new milestone in our Drops of Hope initiative.

We extend our sincere thanks to all the volunteers and DHA authorities who tirelessly worked behind the scenes to bring this day alive. Special thanks to all the donors, without whom this huge feat



Aster Hospitals Qatar

As part of the World Blood Donor Day, Aster Volunteers from Aster Hospitals Qatar organized a Blood Donation Drive at **Aster Medical Center, Muntazah**, in collaboration with **Hamad Medical Corporation, Las Damas de Rizal (Philippine association)**, and the **Indian Chartered Accountants Association**. The event brought together individuals from diverse backgrounds, united by a shared purpose of giving back to the community and supporting Qatar's healthcare system.

The camp witnessed an encouraging response, with **35 individuals** registering to donate blood and **43 successful donations** recorded. Heartfelt thanks to all the donors for their selfless contribution and for making the event a true success.



Aster Volunteers Celebrates World Environment Day across GCC

#AsterVolunteersBelong

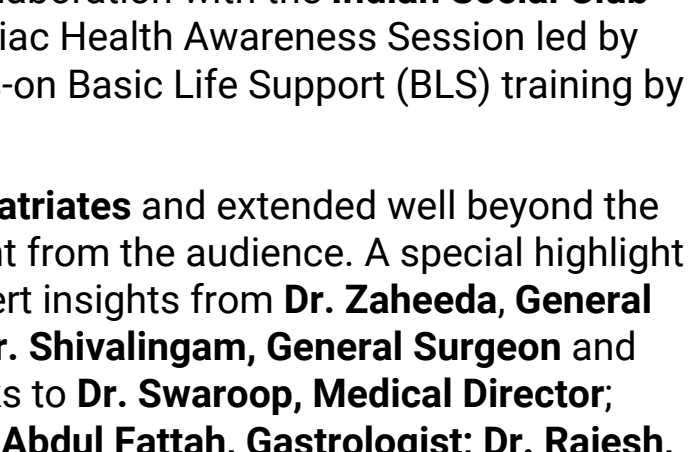
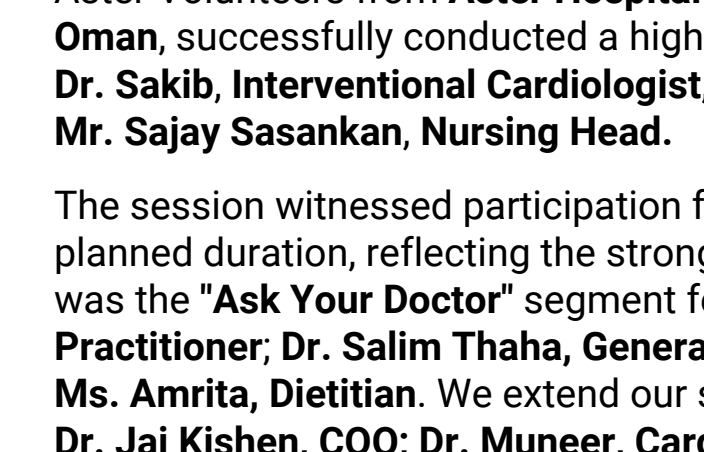


E-Waste Collection Drive in the UAE

Aster Volunteers marked the **4th successful edition** of its E-Waste Collection Drive, collecting **750 kg of e-waste** across Aster and Medcare verticals in the UAE under the Aster Green Choices initiative. Aligned with the UN Sustainable Development Goals and ESG efforts, the drive continues to raise awareness about responsible disposal and environmental sustainability.

Over the past four years, a **total of 1,998 kg of e-waste** has been responsibly recycled with the support of our dedicated volunteers. Special thanks to our **recycling partner, E-Scrappy**, for their continued support in making this initiative a success.

For more details:
gulfnews.com/uae/uae-healthcare-volunteers-recycle-750kg-e-waste-to-protect-environment-1.500164293

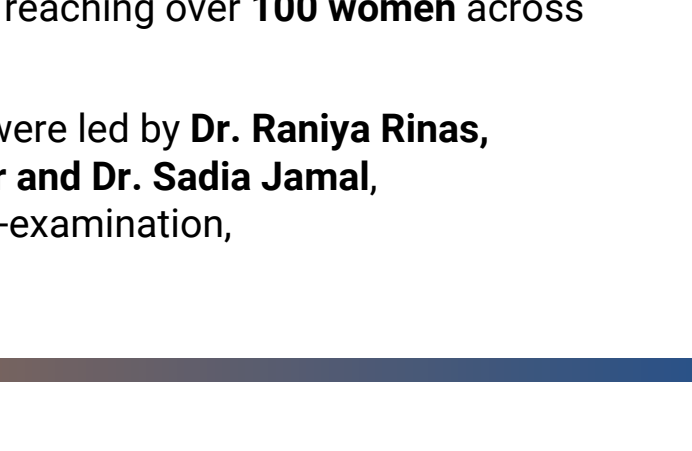


Annual drawing Competition on World Environmental day in UAE

Aster Volunteers UAE celebrated World Environment Day with the **5th Annual Drawing Competition**, engaging over **150 children** around the theme **"Act Now for the Sustainable Tomorrow – Be the Change for a Climate."** The event also featured a special art therapy workshop to inspire sustainable living.

The competition was judged by a distinguished panel, including **H.E. Asmaqob Ali, Mr. Khalil Abdulwahid, Ms. Asma Al Janahi, Mr. Muhammed Yousuf, and Mr. Atul Panase**.

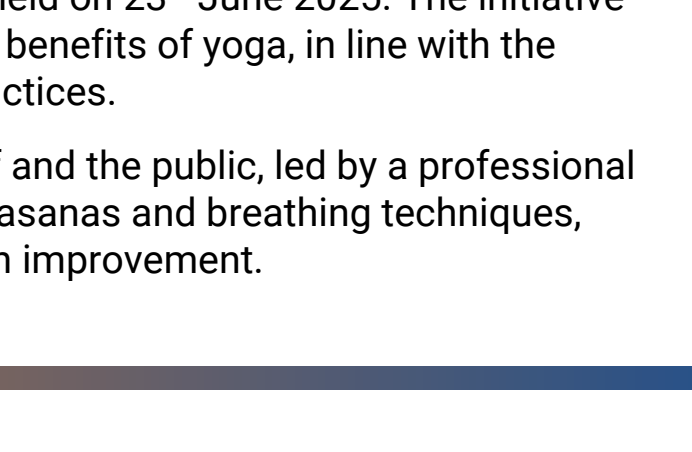
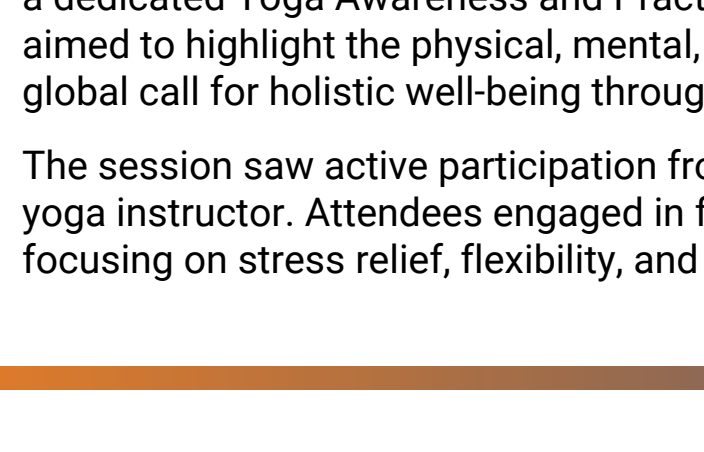
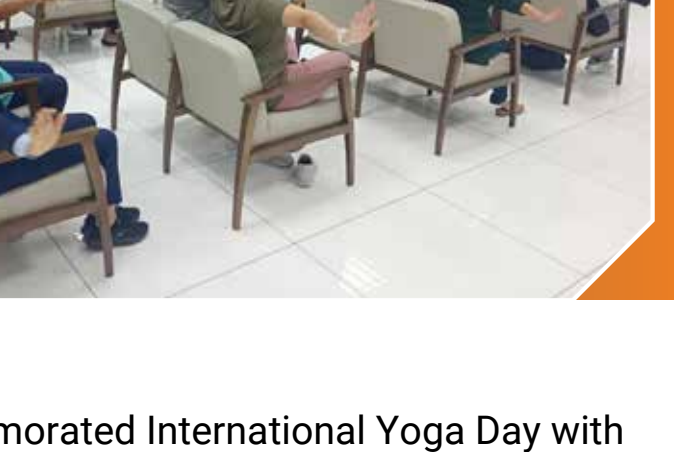
We sincerely thank our partners, leadership, and volunteers for their steadfast support in making the event a success. Special appreciation to the Aster Volunteers of **Aster Hospital Mankhool** and our external volunteers: **Dr. Junaid Ahmed, COO, Aster Hospital Mankhool, Dr. Sukumaran Kanniapan, Specialist Paediatrics & Neonatology**, who shared valuable insights on recycling plastics, and **Ms. Richa Jain - Painting Artist**, for their meaningful contributions and volunteering for the event.



Painting Competition and Workshop for Students in Oman

#AsterVolunteersBelong

Aster Volunteers from **Aster Al Raffah Hospital Sohar**, in collaboration with the **Ministry of Education, Oman**, organised a painting competition that brought together over **1,200 Omani students** from various schools. The event aimed to foster creativity, self-expression, and community engagement among young minds through the powerful medium of art.



Aster Hospital Doha, Qatar leads Beach Clean Up Drive

Aster Volunteers from **Aster Hospital Doha**, in collaboration with the **environmental Actions Project (Deap Qatar)**, proudly participated in a beach cleanup drive as part of World Environment Day celebrations. Together, our dedicated volunteers collected **90 kilograms of waste**, contributing to the preservation of Qatar's beautiful coastline and promoting environmental responsibility.



Hands-On BLS Training at Come on Kerala event 2025 in Sharjah UAE, Hosted by Gulf Madhyamam

#AsterVolunteersCoach



Aster Volunteers UAE proudly concluded a meaningful presence at **Come On Kerala 2025**, hosted by **Gulf Madhyamam**, where over three dynamic days, more than **500 individuals** were empowered through Basic Life Support (BLS) awareness sessions.

We extend our sincere thanks to the **Aster Volunteers Mobile Medical Services Team**, certified by the **American Heart Association (AHA)**, for expertly conducting the training. The growing enthusiasm each day reflected the community's strong commitment to health, safety, and preparedness. Globally, Aster Volunteers have reached **300,000+** people with BLS awareness over their past **eight years** and this event marked yet another impactful step in that ongoing journey.

Emergency Preparedness and BLS Awareness Training in Oman

#AsterVolunteersCoach



Aster Volunteers from **Aster Hospital Sohar**, in collaboration with the **Indian Social Club Oman**, successfully conducted a high-impact Cardiac Health Awareness Session led by **Dr. Sakib, Interventional Cardiologist**, and a hands-on Basic Life Support (BLS) training by **Mr. Sajay Sasankan, Nursing Head**.

The session witnessed participation from **102 expatriates** and extended well beyond the planned duration, reflecting the strong engagement from the audience. A special highlight was the **"Ask Your Doctor"** segment featuring expert insights from **Dr. Zaheeda, General Practitioner, Dr. Salim Thaha, General Surgeon, Dr. Shivalingam, General Surgeon and Ms. Anritha, Dietitian**. We extend our sincere thanks to **Dr. Swaroor, Medical Director, Dr. Jai Kishen, COO, Dr. Munser, Cardiologist, Dr. Abdul Fattah, Gastrologist, Dr. Rajesh, ENT Specialist** and the wider medical team for their invaluable support.

Breast Cancer Awareness for Women in the Corporate Workforce in Qatar

#AsterVolunteersCoach

Aster Volunteers Doha, Qatar organised series of **Breast Cancer Awareness sessions** for the female workforce at **Compass International**, reaching over **100 women** across different staff accommodations and work shifts.

The sessions, conducted over three separate days, were led by **Dr. Raniya Rinas, General Practitioner, Dr. Rubaiya General Practitioner and Dr. Sadia Jamal, General Practitioner** focusing on early detection, self-examination, and preventive care.

International Yoga Day 2025: Aster Volunteers Promote Holistic Wellness in Doha, Qatar

#AsterVolunteersBelong

Aster Volunteers from **Aster Hospital Qatar** commemorated International Yoga Day with a dedicated Yoga Awareness and Practice Session held on 23rd June 2025. The initiative aimed to highlight the physical, mental, and spiritual benefits of yoga, in line with the global call for holistic well-being through ancient practices.

The session saw active participation from both staff and the public, led by a professional yoga instructor. Attendees engaged in foundational asanas and breathing techniques, focusing on stress relief, flexibility, and overall health improvement.

Care on Wheels

#AsterVolunteersMobileMedicalService

In the month of **May & June '25**, Aster Volunteers Mobile Medical Services (AVMMS) organized **552 camps** across **Middle East & Africa (MEA)** delivering free healthcare to **63,014 beneficiaries** to ensure quality healthcare is affordable and accessible at the doorstep of the people who are in need.

Health Beyond Barriers

#AsterVolunteersTreatmentAid

In the month of **May & June '25**, our contribution of **AED 121,170** to the Aster Volunteers Treatment Aid brought solace to **6 patients**, serving as a lifeline in their quest to regain a semblance of life.

In our ongoing mission to provide quality healthcare that is both affordable and accessible, Aster Volunteers tirelessly work to mend lives affected by the harsh reality of unaffordable advanced medical care.

Our Focus

Engage with Aster Volunteers

Together, we can accomplish a lot more and reach out to millions.

astervolunteers.com