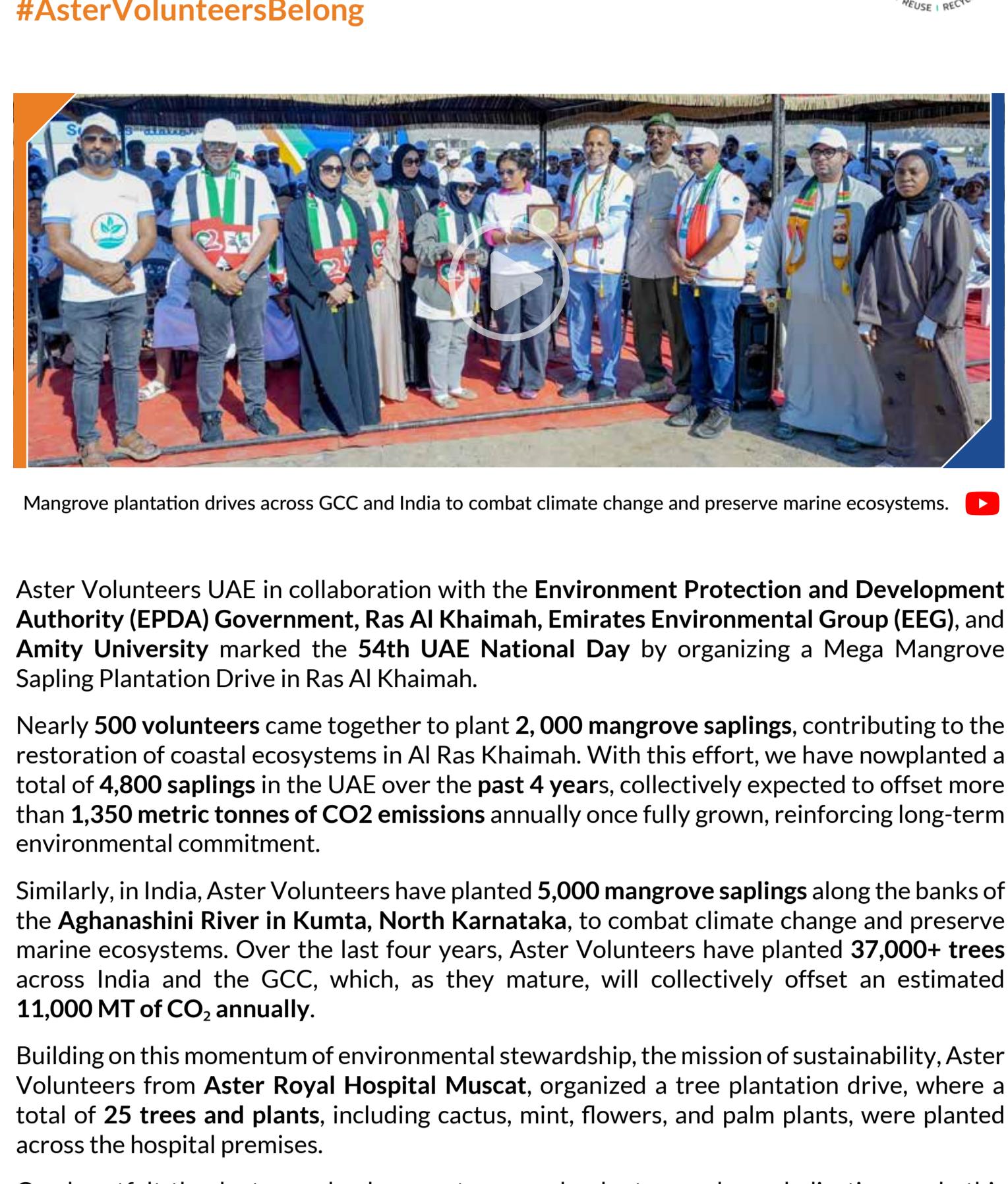


Aster Honoured for a Legacy of Care on NDTV Changemakers

#AsterVolunteersAid



Watch how Aster Volunteers is redefining care and compassion across the globe, Transforming Lives Powered by Humanity, exclusively on The Changemakers Season 5 on NDTV. [Watch Now](#)

Aster Volunteers' transformative journey has been recognised by NDTV Changemakers, spotlighting the organisation's compassion-driven approach to healthcare and community empowerment. The feature captures powerful stories of hope, resilience, and collective action, showcasing how Aster Volunteers have positively impacted communities by providing free medical care through mobile clinics and treatment aid, empowering youth and women through education and livelihood skills, and protecting the planet through green initiatives. Supported by 95,000+ volunteers, over 7 million beneficiaries have been impacted across 19 countries.

At the heart of this impact is the visionary leadership of Dr. Azad Moopen, Founder Chairman, Aster DM Healthcare, whose belief that healthcare must extend beyond hospitals has shaped Aster into a purpose-led global organisation. Building on this strong foundation, Ms. Alisha Moopen, Managing Director & Group CEO, is carrying forward this legacy strengthening the culture of compassion, scaling volunteer-led initiatives, and guiding Aster's mission with a renewed focus on sustainability, inclusion, and long-term community impact.

[Watch the video to know more!](#)

Mangrove Plantation Drive at Al Ras Khaimah

#AsterVolunteersBelong



Aster Volunteers UAE in collaboration with the Environment Protection and Development Authority (EPDA) Government, Ras Al Khaimah, Emirates Environmental Group (EEG), and Amity University marked the 54th UAE National Day by organizing a Mega Mangrove Sapling Plantation Drive in Ras Al Khaimah.

Nearly 500 volunteers came together to plant 2,000 mangrove saplings, contributing to the restoration of coastal ecosystems in Al Ras Al Khaimah. With this effort, we have now planted a total of 1,400 metric tonnes of CO2 emissions annually once fully grown, reinforcing long-term environmental commitment.

Similarly, Aster Volunteers have planted 5,000 mangrove saplings along the banks of the Aghanashini River in Kurnta, North Karnataka, to combat climate change and preserve marine ecosystems. Over the last four years, Aster Volunteers have planted 37,000+ trees across India and the GCC, which, as they mature, will collectively offset an estimated 11,000 MT of CO2 annually.

Building on this momentum of environmental stewardship, the mission of sustainability, Aster Volunteers from Aster Royal Hospital Muscat, organized a tree plantation drive, where a total of 25 trees and plants, including cactus, mint, flowers, and palm plants, were planted across the hospital premises.

Our heartfelt thanks to our leaders, partners, and volunteers whose dedication made this initiative truly impactful and meaningful.

Health Camp and Desert Clean up Drive Across UAE

#AsterVolunteersBelong



Aster Volunteers Mobile Medical Services UAE, in collaboration with the Emirates Environmental Group (EEG), conducted a series of First Aid and General Health Camps across the UAE as part of the UAE Clean-Up Drive. Spanning across Dubai, Ajman, Sharjah, Umm Al Quwain, and Ras Al Khaimah.

The camps offered timely first-aid support and essential health screenings including blood pressure, blood sugar and BMI checks, along with GP consultations, benefiting over 2,050 people from diverse communities.

This initiative strengthened awareness on preventive healthcare while ensuring immediate medical assistance, reflecting Aster Volunteers' continued commitment to community health and safety.

Detect Diabetes Early to Lead a Better Quality of Life

#AsterVolunteersAid

Diabetes is the most pressing lifestyle driven conditions of our time, demanding swift and focused public health action.

Why does the HbA1c test matter?

A simple blood test that fits easily into your routine, it helps you stay informed about your health without the need for fasting. It provides valuable insights that support early awareness and healthier lifestyle choices, making it a smart step toward long-term well-being.

Register now for a free HbA1c Test. Encourage your friends, family, relatives and elderly neighbours to avail the free test.

[+971 56 539 8486 | Send a message to this number, our volunteers will contact with you](#)

UAE

Aster Fights Diabetes: HbA1c Screenings Launches at Head Quarters

Aster Volunteers from UAE in collaboration with Asterians United conducted a free HbA1c screenings as part of the Aster Fights Diabetes campaign for employees. The session was supported by Mr. T J Wilson, Executive Director & Group Head - Governance and Corporate Affairs, highlighting the importance of preventive healthcare and workplace wellness.

A total of 36 staff members from departments including Finance, Legal, HR, and Corporate Insurance participated, taking a proactive step toward monitoring their health.

Through their hard work and dedication, Aster volunteers reaffirm their commitment to spreading these awareness programs, Aster Volunteers re-affirm their confidence in emergency response and Basic Life Support (BLS) Awareness Training.

Spreading Wellness Across the GCC #AsterVolunteersAid

#AsterVolunteersAid

Aster Volunteers continues to bridge healthcare gaps by delivering essential healthcare services to the communities that need them most through the Medical and Wellness initiative. From quality healthcare access to telemedicine, digital consultations, and community outreach, the commitment to making healthcare more accessible and affordable is reflected in the 2025 campaign.

Healthcare Quality and Hepatitis Education.

The event highlighted the importance of healthcare quality, patient safety, and informed healthcare practices, committing to community health and well-being.

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