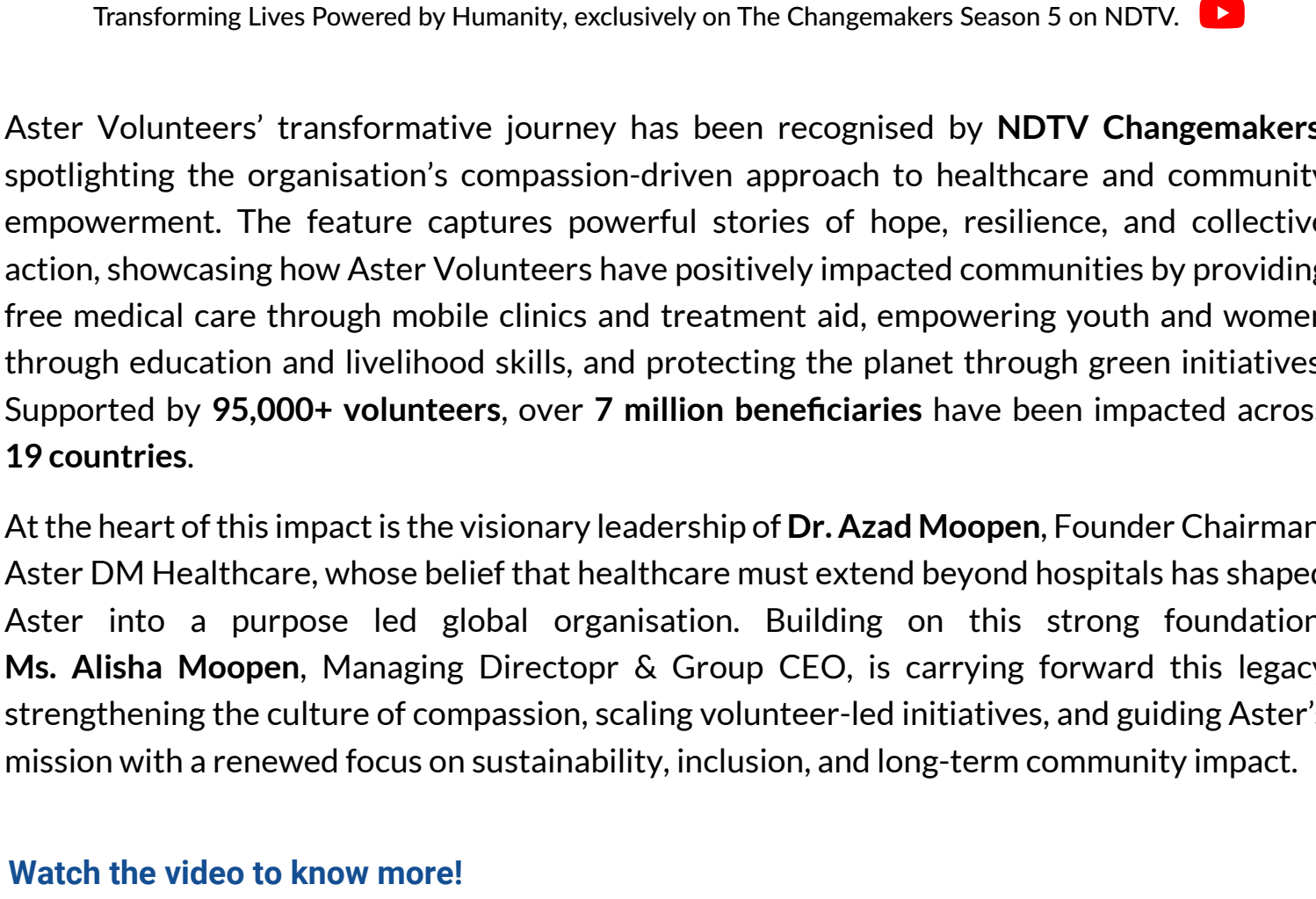


Aster Honoured for a Legacy of Care on NDTV Changemakers

#AsterVolunteersAid



Watch how Aster Volunteers is redefining care and compassion across the globe, Transforming Lives Powered by Humanity, exclusively on The Changemakers Season 5 on NDTV. 

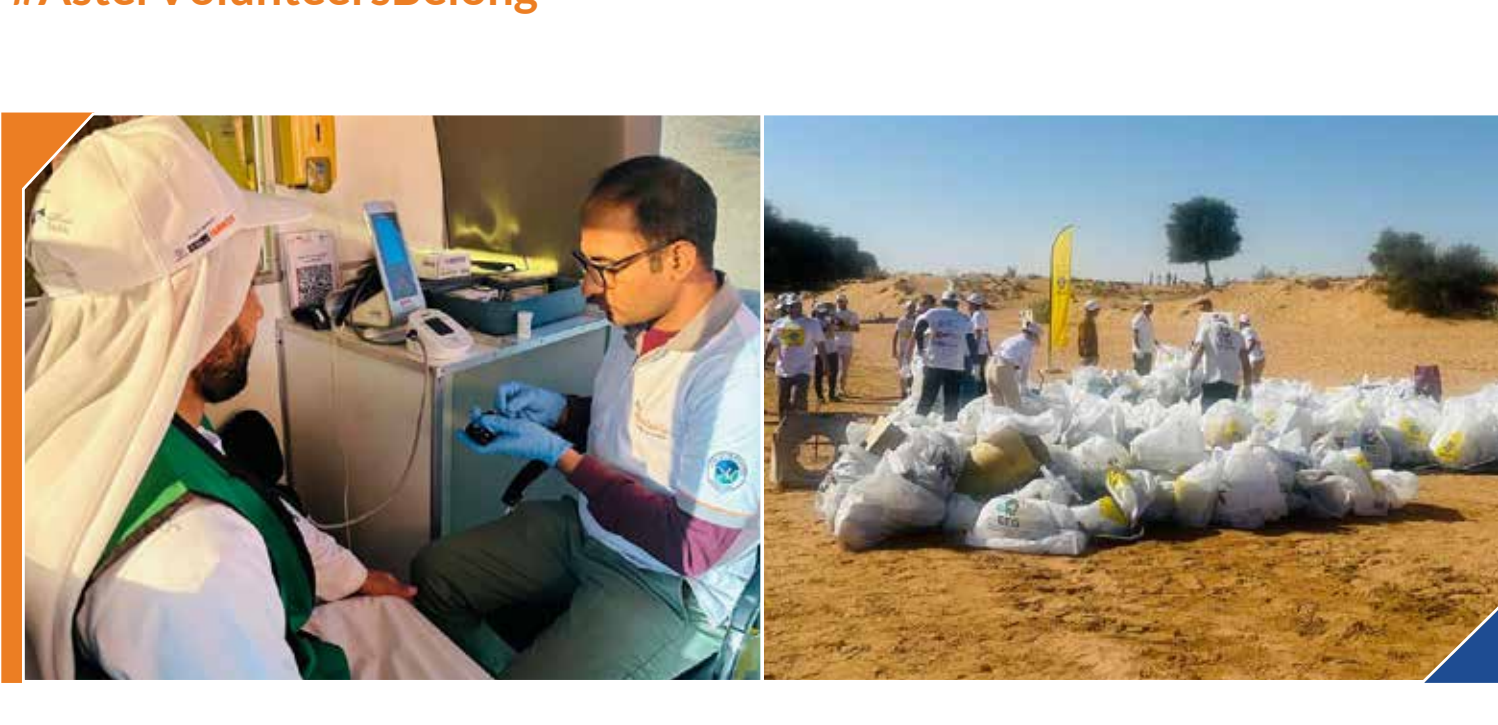
Aster Volunteers' transformative journey has been recognised by NDTV Changemakers, spotlighting the organisation's compassion-driven approach to healthcare and community empowerment. The feature captures powerful stories of hope, resilience, and collective action, showcasing how Aster Volunteers have positively impacted communities by providing free medical care through mobile clinics and treatment aid, empowering youth and women through education and livelihood skills, and protecting the planet through green initiatives. Supported by **95,000+ volunteers**, over **7 million beneficiaries** have been impacted across **19 countries**.

At the heart of this impact is the visionary leadership of **Dr. Azad Moopen**, Founder Chairman, Aster DM Healthcare, whose belief that healthcare must extend beyond hospitals has shaped Aster into a purpose led global organisation. Building on this strong foundation, **Ms. Alisha Moopen**, Managing Director & Group CEO, is carrying forward this legacy strengthening the culture of compassion, scaling volunteer-led initiatives, and guiding Aster's mission with a renewed focus on sustainability, inclusion, and long-term community impact.

[Watch the video to know more!](#)

Mangrove Plantation Drive at Al Ras Khaimah

#AsterVolunteersBelong



Mangrove plantation drives across GCC and India to combat climate change and preserve marine ecosystems. 

Aster Volunteers UAE in collaboration with the **Environment Protection and Development Authority (EPDA) Government, Ras Al Khaimah, Emirates Environmental Group (EEG), and Amity University** marked the **54th UAE National Day** by organizing a Mega Mangrove Sapling Plantation Drive in Ras Al Khaimah.

Nearly **500 volunteers** came together to plant **2,000 mangrove saplings**, contributing to the restoration of coastal ecosystems in Al Ras Khaimah. With this effort, we have nowplanted a total of **4,800 saplings** in the UAE over the **past 4 years**, collectively expected to offset more than **1,350 metric tonnes of CO2 emissions** annually once fully grown, reinforcing long-term environmental commitment.

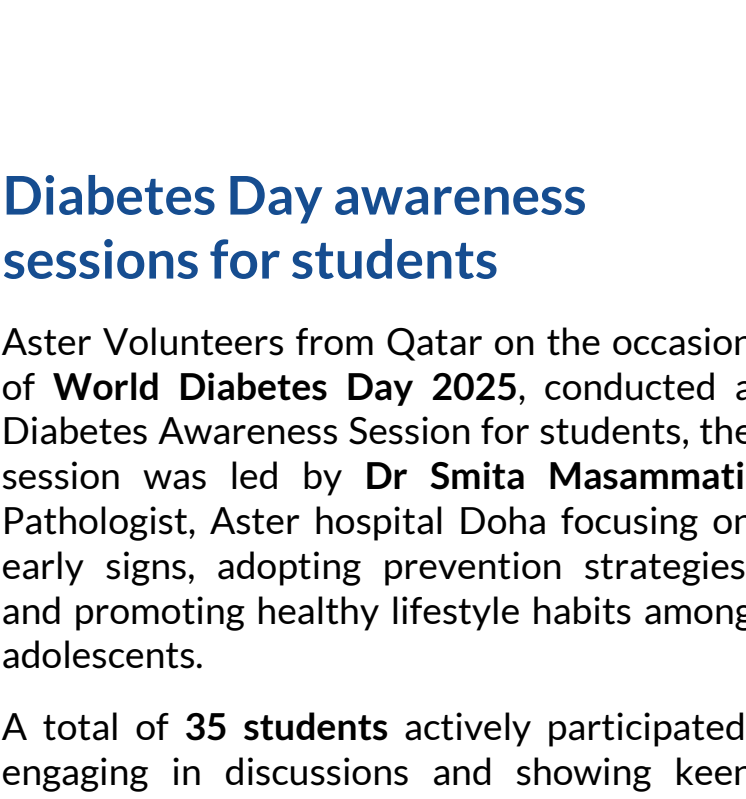
Similarly, in India, Aster Volunteers have planted **5,000 mangrove saplings** along the banks of the **Aghanashini River in Kunta, North Karnataka**, to combat climate change and preserve marine ecosystems. Over the last four years, Aster Volunteers have planted **37,000+ trees** across India and the GCC, which, as they mature, will collectively offset an estimated **11,000 MT of CO2 annually**.

Building on this momentum of environmental stewardship, the mission of sustainability, Aster Volunteers from **Aster Royal Hospital Muscat**, organized a tree plantation drive, where a total of **25 trees and plants**, including cactus, mint, flowers, and palm plants, were planted across the hospital premises.

Our heartfelt thanks to our leaders, partners, and volunteers whose dedication made this initiative truly impactful and meaningful.

Health Camp and Desert Clean up Drive Across UAE

#AsterVolunteersBelong



Aster Volunteers Mobile Medical Services UAE, in collaboration with the **Emirates Environmental Group (EEG)**, conducted a series of First Aid and General Health Camps across the UAE as part of the UAE Clean-Up Drive. Spanning across **Dubai, Ajman, Sharjah, Umm Al Quwain, and Ras Al Khaimah**.

The camps offered timely first-aid support and essential health screenings including blood pressure, blood sugar and BMI checks, along with GP consultations, benefiting over **2,050 people** from diverse communities.

This initiative strengthened awareness on preventive healthcare while ensuring immediate medical assistance, reflecting Aster Volunteers continued commitment to community health and safety.

Detect Diabetes Early to Lead a Better Quality of Life

#AsterVolunteersAid



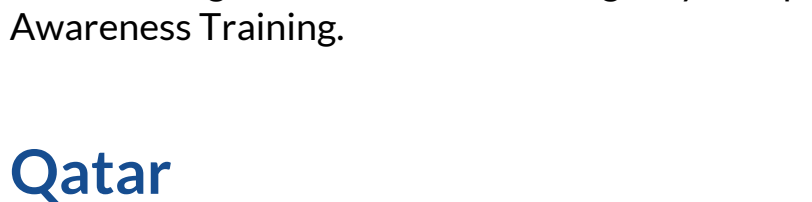
#WorldDiabetesDay2025

Diabetes is the most pressing lifestyle driven conditions of our time, demanding swift and focused public health action.

Why does the HbA1c test matter?

A simple blood test that fits easily into your routine, it helps you stay informed about your health without the need for fasting. It provides valuable insights that support early awareness and healthier lifestyle choices, making it a smart step toward long-term well-being.

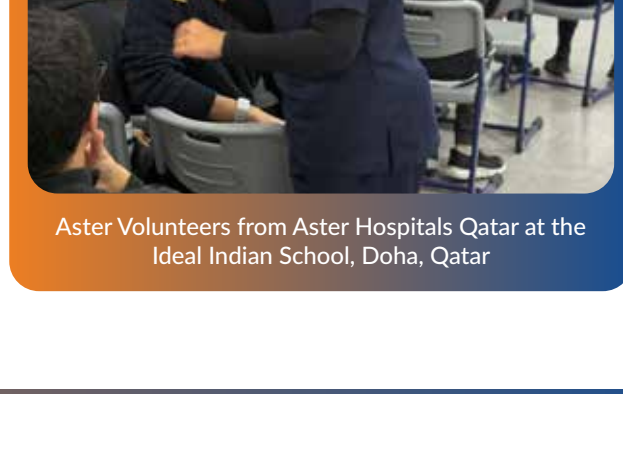
Register now for a free HbA1c Test. Encourage your friends, family, relatives and elderly neighbours to avail the free test.



UAE

Aster Fights Diabetes: HbA1c Screenings Launches at Head Quarters

Aster Volunteers from UAE in collaboration with **Asterians United** conducted a free HbA1c screenings as part of the Aster Fights Diabetes campaign for employees. The session was supported by **Mr. T J Wilson**, Executive Director & Group Head – Governance and Corporate Affairs, highlighting the importance of preventive healthcare and workplace wellness.



Aster Volunteers from at Aster DM Healthcare Corporate Headquarters, Business Bay, Dubai.

A total of **36 staff members** from departments including Finance, Legal, HR, and Corporate Insurance participated, taking a proactive step toward monitoring their health.

Qatar

Diabetes Day awareness sessions for students



Aster Volunteers from Aster Hospital Qatar at GEMS American Academy, Al Wukhal

Aster Volunteers from Qatar on the occasion of **World Diabetes Day 2025**, conducted a Diabetes Awareness Session for students, the session was led by **Dr Smita Masammati**, Pathologist, Aster hospital Doha focusing on early signs, adopting prevention strategies, and promoting healthy lifestyle habits among adolescents.

A total of **35 students** actively participated, engaging in discussions and showing keen interest in learning how to manage and prevent diabetes.

Saudi Arabia

Diabetes screening camp at Riyadh

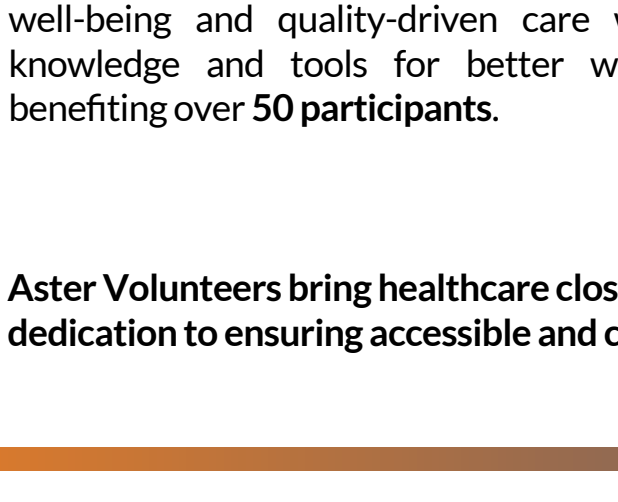
Aster Volunteers from Saudi Arabia as part of **World Diabetes Day 2025**, conducted a three-day free diabetes screening program promoting diabetes prevention and early detection through free health screenings and educational support, including blood sugar, blood pressure, and BMI checks, medical consultations, physiotherapy and nutrition counseling, flu vaccinations, and BLS training, benefiting around **120 participants**.



Aster Volunteers from Aster Saudi Hospital Saudi Arabia at Riyadh Municipality, Madinat Qurubah.

Oman

Diabetes Conclave 2025: shaping the future of diabetes



Hosted by Aster Volunteers from Aster Royal Al Rafiah Hospital

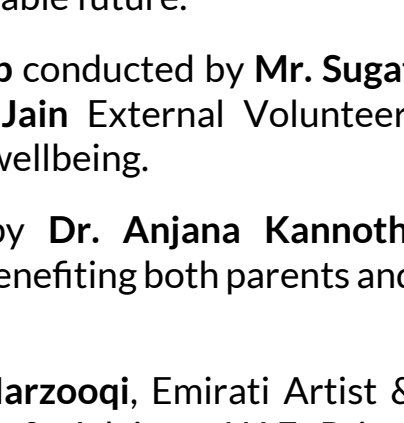
Aster Volunteers from Oman hosted a Diabetes Conclave, a **CME program** focused on the latest advances in diabetic care. The sessions covered key topics such as weight loss injections, the link between diabetes and ophthalmology, and advancements in diabetic foot surgeries.

The program was attended by **180 doctors** from multiple specialties, including endocrinology, ophthalmology, and general surgery, reinforcing Aster Volunteers commitment to advancing medical knowledge and improving patient care.

This initiative, led by the Corporate team, saw over **25,000 HbA1c tests** across the GCC, reinforcing our commitment to diabetes awareness, early detection, and community well-being.

Emergency Preparedness and BLS Awareness Training

#AsterVolunteersCoach

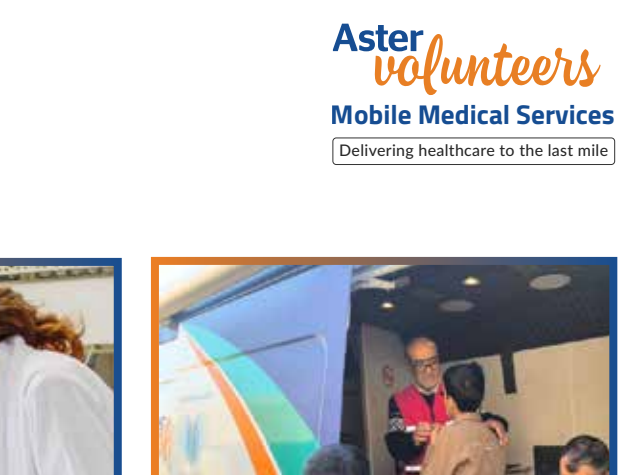


Aster Volunteers continue to strengthen community resilience by spreading awareness and training individuals in Emergency Preparedness and Basic Life Support (BLS) Awareness Training.

Qatar

BLS awareness session to school students in Doha

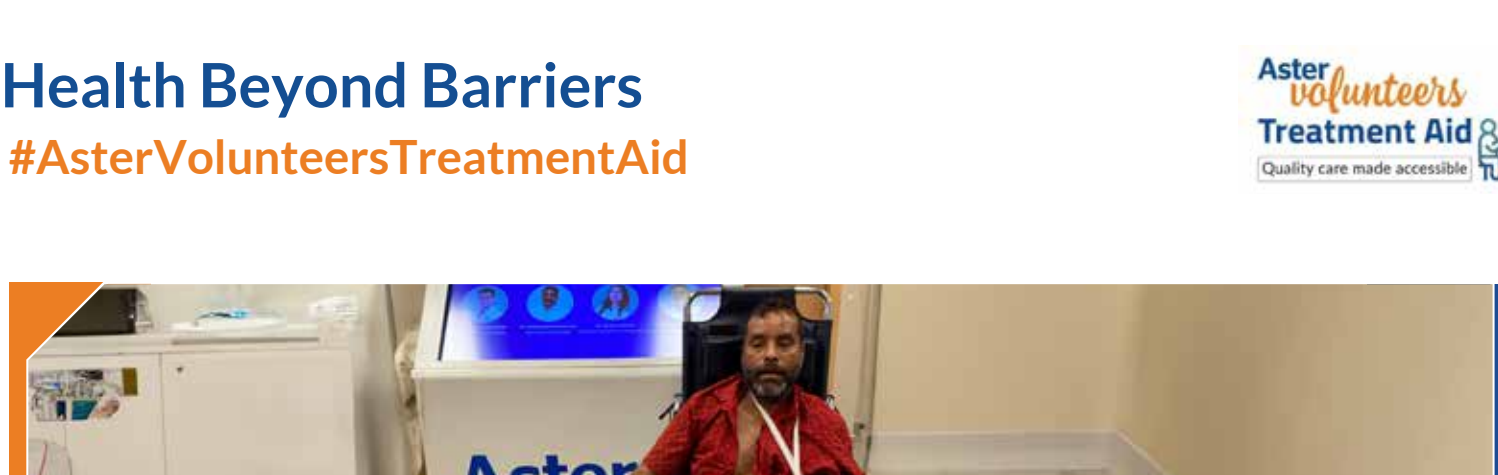
Aster Volunteers from Qatar conducted a patient safety and emergency awareness session featuring practical Basic Life Support (BLS) demonstrations and emergency response training with essential life-saving skills, strengthening and preparedness. The session was led by **Dr. Mohit Kaul**, Emergency Medicine, Aster hospital Doha, empowering over **250 people**.



Aster Volunteers from Aster Hospitals Qatar at the West Indian School, Doha, Qatar

Saudi Arabia

Aster volunteers from Saudi Arabia conducted multiple Basic Life Support (BLS) training sessions and medical check-up camps during recent community and school-based initiatives. This consisted of health screenings, CPR demonstrations, and AED emergency response training, impacting **500 beneficiaries**.



Aster Saudi Hospital Riyadh, on the 34th anniversary of Areekode Muslim Sahaya Samithi (AMSS).



Aster Saudi Hospital Riyadh at the School Hittin



Aster Saudi Hospital Riyadh at the Government School 75

Through these hands-on life support programs, Aster Volunteers reaffirm their dedication to spreading awareness, promoting preparedness, and nurturing confidence in emergency response and Basic Life Support (BLS) Awareness Training.

Spreading Wellness Across the GCC

#AsterVolunteersAid



Aster Volunteers continues to bridge healthcare gaps by delivering essential healthcare services to the communities that need them most through the Medical and Wellness initiative. From preventive screenings to specialized consultations, each camp reflects the commitment to making quality healthcare accessible, inclusive, and compassionate for all.

Qatar

Aster volunteers from Qatar conducted various community health camps, sports event support, and school screenings camps.

Aster Volunteers from Aster Hospital Qatar in association with the KBF Wellness Program at the Park House International School, Abu Hamour

Aster Volunteers from Aster Hospital Qatar during the National Day Qatar Running Series, MTB Trial

Aster Volunteers from Aster Hospital Qatar providing first aid support provided during the Jiddah Sports Day

This comprised of health screenings (BP, BMI, GRBS), GP consultations, dental assessments for students, prostate cancer awareness sessions, vision checks, and first aid support for large-scale sports events, impacting **1,500+ beneficiaries**.

Oman

Aster Volunteers from Oman conducted multiple free medical screening camps, dental hygiene and general health awareness programs, along with interactive nutrition sessions.

Aster Volunteers from Aster Royal Al Rafiah Hospital in association with the Ministry of Sport at the Arabi & GCC Basketball Tournament.

Aster Volunteers from Aster Al Rafiah Hospital participated as a medical partner of Glow Run Muscat medical support.

Aster Volunteers from Aster Hospital Oman at the ABQ school Solar

The initiatives included medical support for athletes, first-aid services, blood investigations, BP and RBS screenings, GP consultations, oral care education for children with disabilities, and nutrition and wellness workshops, impacting **1,600+ beneficiaries**.

Saudi Arabia

Health awareness session on World Quality Day

Aster Volunteers from Saudi Arabia along with the **Ministry of Health, Saudi Arabia** participated in an awareness event, focused on promoting healthcare quality and hepatitis education.

The event highlighted the importance of service excellence, patient safety, and informed healthcare practices, committing to community well-being and quality-driven care with the knowledge and tools for better well-being, benefiting over **50 participants**.

Hosted by Aster Hospital Saudi Arabia

Aster Volunteers bring healthcare closer to communities across GCC, reflecting our unwavering dedication to ensuring accessible and compassionate care for all.

6th Annual Drawing Competition on UAE National Day

#AsterVolunteersBelong

Aster Volunteers on the occasion of UAE National Day, hosted the **6th Annual Drawing Competition**, bringing vibrant creativity and purpose to life. With over **150 children** from various age groups participating, the event embraced the theme **"Love for UAE and UAE 2071: Canvases of Hope"**, inspiring young artists to envision a sustainable future.

The competition was followed by a **Special Art Therapy Workshop** conducted by **Mr. Sugat Priyadarshini**, Art HOD, JSS International School and **Daksh Jain** External Volunteer, offering children a meaningful space for expression and emotional wellbeing.

A Pediatric Health Awareness Session was also conducted by **Dr. Anjana Kannoth**, Consultant, Paediatrics & Neonatology, Aster Hospital Mankhool, benefiting both parents and children with essential health insights.

Our esteemed panel of judges included: **Ms. Hanan Ameen Al Marzooqi**, Emirati Artist & Executive Director, Al Soroor Establishment; Former Director & Advisor, UAE Prime Minister's Office, **Dr. Mohammed Ali** Founder, Breathe Creativity International Group, **Mr. Khalil Abdulwahid** Emirati Artist, **Ms. Asma Al Janahi** Emirati Leader from the Government Sector.

A heartfelt thanks to all our partners, leadership, and dedicated volunteers for making this event a wonderful success.

Care on Wheels

#AsterVolunteersMobileMedicalService

AVMMS UAE

AVMMS Ethiopia

AVMMS Iraq

AVMMS Qatar

AVMMS Oman

AVMMS Zanzibar

AVMMS Lebanon

AVMMS Somaliland

AVMMS Tanzania

In the month of **November & December** 25, Aster Volunteers Mobile Medical Services (AVMMS) organized **244 camps** across **Middle East & Africa (MEA)** delivering free healthcare to **33090 beneficiaries** to ensure quality healthcare is affordable and accessible at the doorstep of the are in need.

Health Beyond Barriers

#AsterVolunteersTreatmentAid

Aster Volunteers contributed **AED 52,759** in Treatment Aid during the months of **November and December**, offering hope and vital support to **4 patients** rebuilding their lives.

Through our mission of affordable and accessible healthcare, we remain committed to mending lives impacted by the burden of costly medical care.

Our Focus



Healthcare



Education



Social Empowerment



Environmental Protection



Disaster Aid Support

Engage with Aster Volunteers

Together, we can accomplish a lot more and reach out to millions.