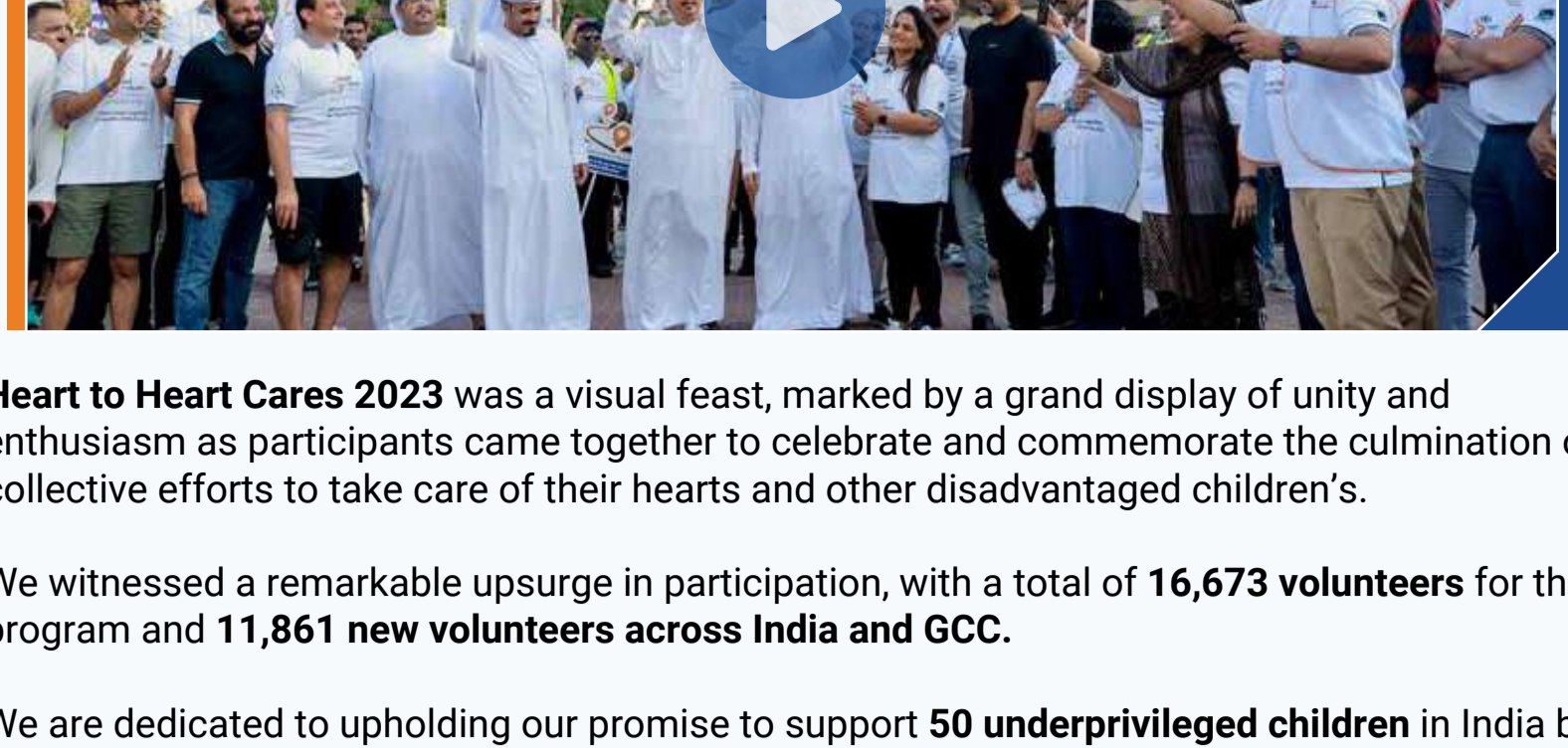




## Heart to Heart Cares 2023 Recap

#WorldHeartDay #AsterVolunteersBelong



**Heart to Heart Cares 2023** was a visual feast, marked by a grand display of unity and enthusiasm as participants came together to celebrate and commemorate the culmination of collective efforts to take care of their hearts and other disadvantaged children's.

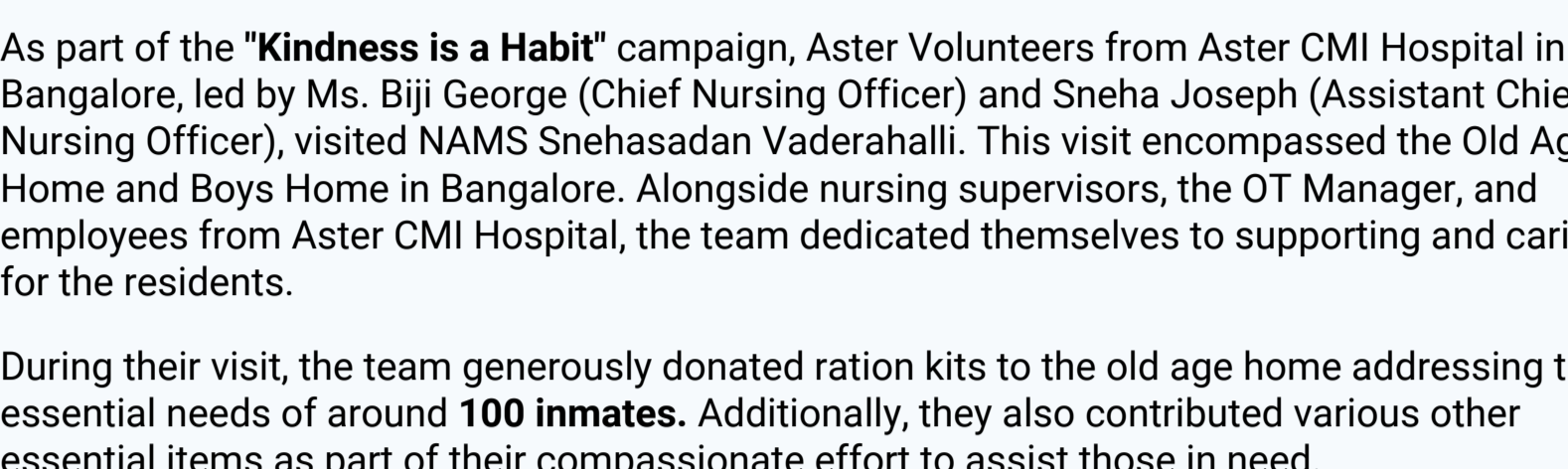
We witnessed a remarkable upsurge in participation, with a total of **16,673 volunteers** for the program and **11,861 new volunteers across India and GCC**.

We are dedicated to upholding our promise to support **50 underprivileged children** in India by providing for their pediatric cardiac surgeries through the Aster DM Foundation.

[Click here](#) to watch the impact Heart to Heart Cares 2023 has brought

## Old age home and orphanage visit by Aster CMI Hospital Bangalore under Kindness is a Habit campaign

#AsterVolunteersBelong

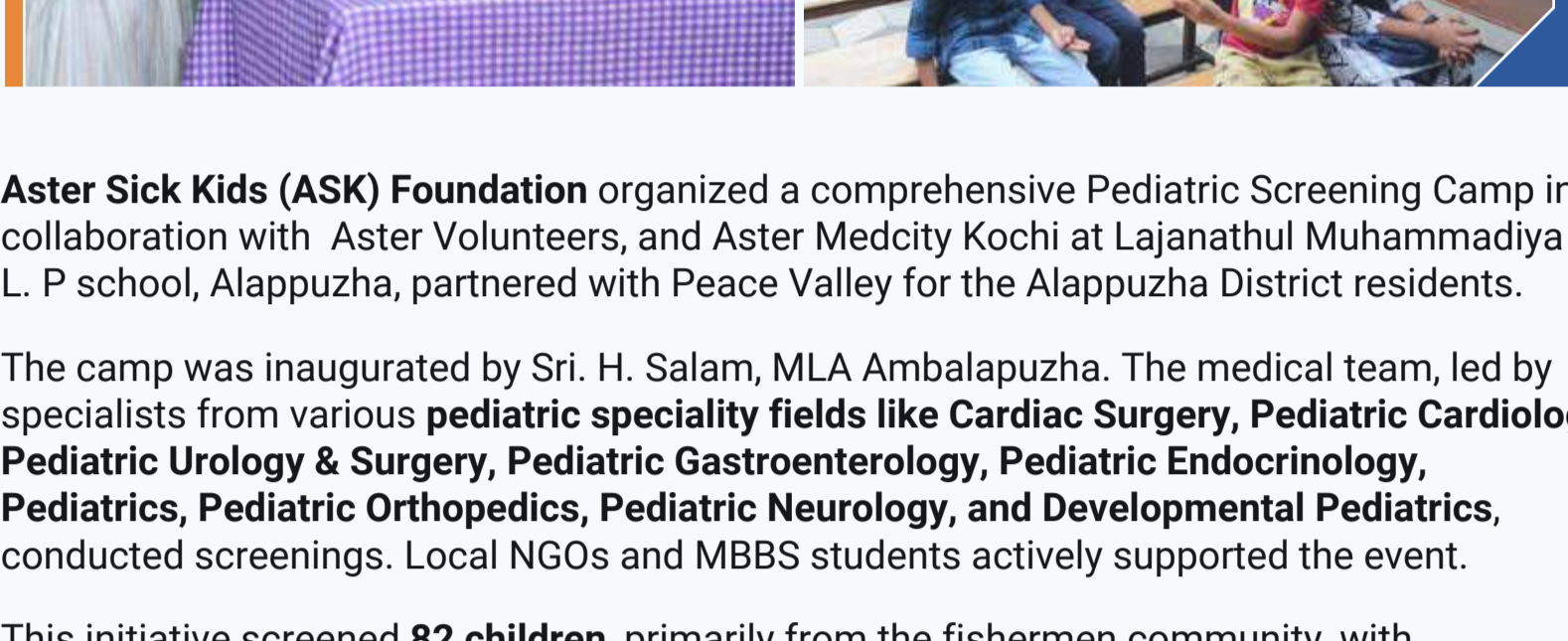


As part of the "**Kindness is a Habit**" campaign, Aster Volunteers from Aster CMI Hospital in Bangalore, led by Ms. Biji George (Chief Nursing Officer) and Sneha Joseph (Assistant Chief Nursing Officer), visited NAMS Snehasadan Vaderahalli. This visit encompassed the Old Age Home and Boys Home in Bangalore. Alongside nursing supervisors, the OT Manager, and employees from Aster CMI Hospital, the team dedicated themselves to supporting and caring for the residents.

During their visit, the team generously donated ration kits to the old age home addressing the essential needs of around **100 inmates**. Additionally, they also contributed various other essential items as part of their compassionate effort to assist those in need.

## Mega Multi Speciality Pediatric Camp for the fisherman community by Aster Sick Kids (ASK) Foundation

#AsterVolunteersTreatmentAid



**Aster Sick Kids (ASK) Foundation** organized a comprehensive Pediatric Screening Camp in collaboration with Aster Volunteers, and Aster Medcity Kochi at Lajanathul Muhammadiya L. P school, Alappuzha, partnered with Peace Valley for the Alappuzha District residents.

The camp was inaugurated by Sri. H. Salam, MLA Ambalapuzha. The medical team, led by specialists from various **pediatric speciality fields like Cardiac Surgery, Pediatric Cardiology, Pediatric Urology & Surgery, Pediatric Gastroenterology, Pediatric Endocrinology, Pediatrics, Pediatric Orthopedics, Pediatric Neurology, and Developmental Pediatrics**, conducted screenings. Local NGOs and MBBS students actively supported the event.

This initiative screened **82 children**, primarily from the fishermen community, with **42 children** got further treatment through the ASK Foundation's support.

## Multi-specialty Medical Camp in Thrissur

#AsterVolunteersTreatmentAid

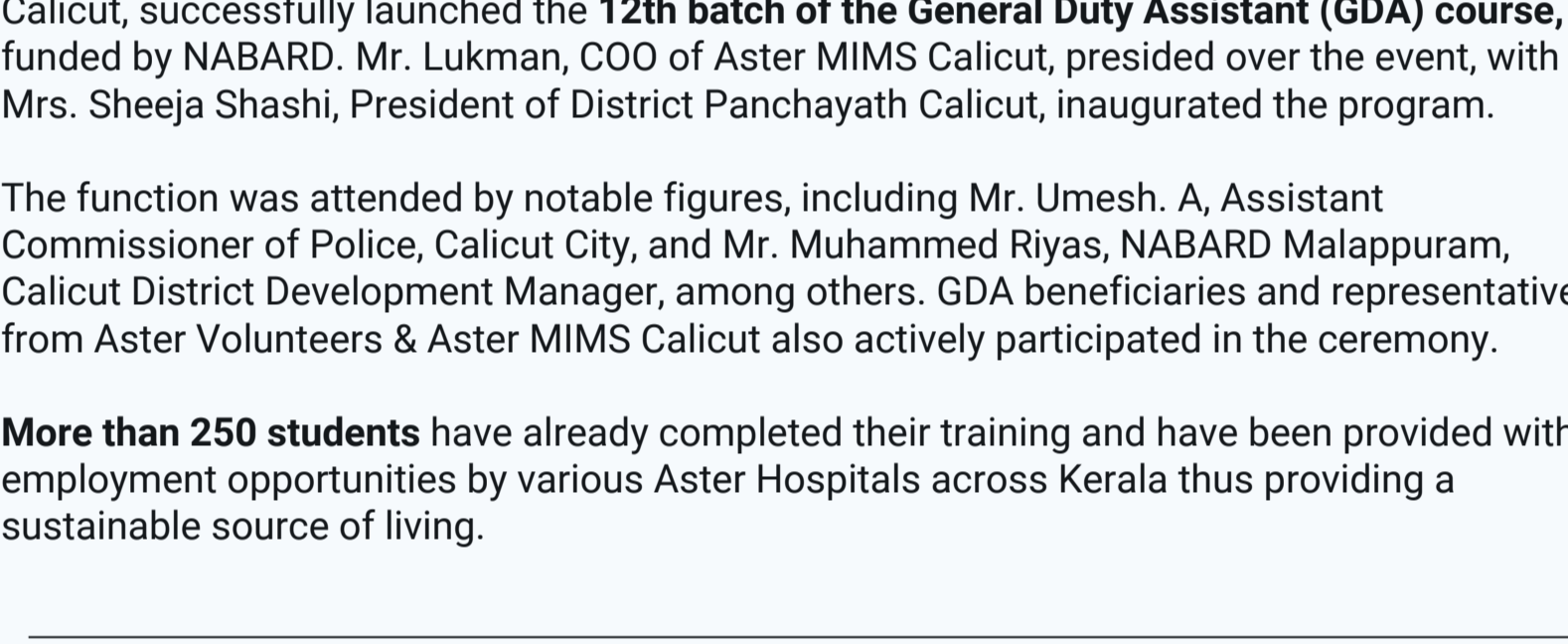


Aster Volunteers Mobile Medical Services in Thrissur, in partnership with Flora Hospitality Group and supported by Shnati Bhavan Palliative Hospital and Aster Medcity Kochi, organized a free multi-specialty medical camp for the residents of Chenthrappinni, Thrissur. Held at Nahju Rashad Islamic College campus in association with Nahju Rashad trust, the camp provided various medical services including **Pediatric care, Cardiology, Dentistry, Ophthalmology, General Medicine, and USG scanning** facilities.

The camp was inaugurated by Sri. Taison Mash, MLA Kaipamangalam. Over **200 individuals** benefited from the medical services provided, and **5 children** were recommended for further detailed screenings and surgery at Aster Medcity Kochi.

## Commencement of 12th batch of General Duty Assistant (GDA) Program by Aster MIMS Calicut

#AsterVolunteersCoach



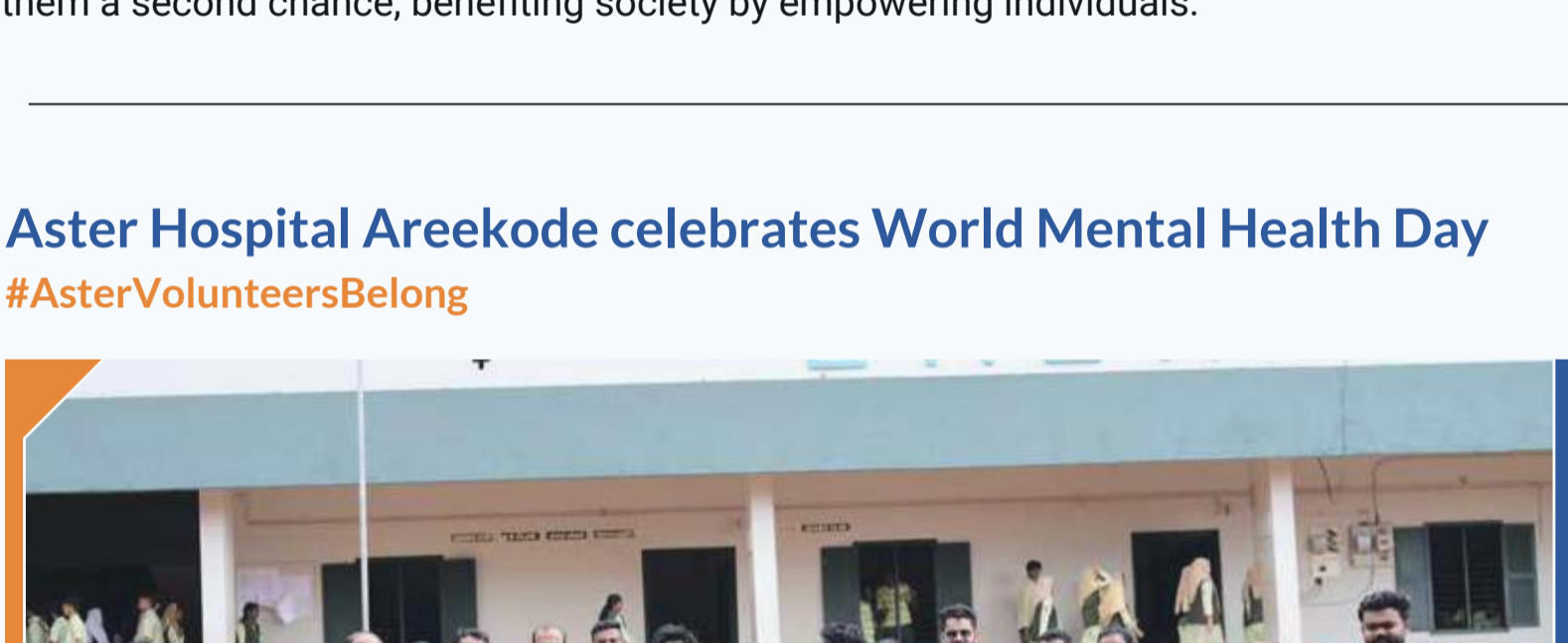
Aster Volunteers Calicut, in collaboration with Aster MIMS Charitable Trust and Aster MIMS Calicut, successfully launched the **12th batch of the General Duty Assistant (GDA) course**, funded by NABARD. Mr. Lukman, COO of Aster MIMS Calicut, presided over the event, with Mrs. Sheeja Shashi, President of District Panchayath Calicut, inaugurated the program.

The function was attended by notable figures, including Mr. Umesh. A, Assistant Commissioner of Police, Calicut City, and Mr. Muhammed Riyas, NABARD Malappuram, Calicut District Development Manager, among others. GDA beneficiaries and representatives from Aster Volunteers & Aster MIMS Calicut also actively participated in the ceremony.

**More than 250 students** have already completed their training and have been provided with employment opportunities by various Aster Hospitals across Kerala thus providing a sustainable source of living.

## LED Bulb Training to Prisoners by Aster MIMS Calicut

#AsterVolunteersCoach



Aster Aster Volunteers Calicut and MIMS Charitable Trust have teamed up with Thavanur Central Jail to provide inmates with LED bulb assembling training. This program, inaugurated by various dignitaries, equips inmates with valuable skills for the energy-conscious world. The training is led by experienced trainers who enhances the skills of the inmates and offers them a second chance, benefiting society by empowering individuals.

## Aster Hospital Areekode celebrates World Mental Health Day

#AsterVolunteersBelong



Aster Mother Hospital in Areekode commemorated **World Mental Health Day 2023** by organizing a Miming event in collaboration with the Aster Volunteers and Kondotty EMEA Higher Secondary School. Ms. Arshina, a psychologist at Areekode Aster Mother Hospital, led the Miming activity, focusing on addressing psychological issues in adolescents.

## Aster MIMS Kottakkal conducts blood donation drive on National Voluntary Blood Donation Day

#AsterVolunteersBelong



On **National Voluntary Blood Donation Day**, Aster MIMS Kottakkal organized a blood donation camp. Aster Volunteers Kottakkal collaborated with the BDK Tirurangadi Taluk Committee to conduct this campaign. They received **79 registrations** and collected **66 blood donations** during this event.

## Aster RV Hospital Bangalore organised blood donation drive on account of Gandhi Jayanti

#AsterVolunteersBelong



Aster Volunteers at Aster RV Hospital Bangalore held a blood donation camp on Gandhi Jayanti at Kaggalipura, Bangalore. The blood donated during this event will aid individuals affected by thalassemia, a genetic disorder causing a decrease in red blood cell count. A total of **70 participants** contributed to this cause.

## Care on Wheels

#AsterVolunteersMobileMedicalServices

In the month of October 2023, Aster Volunteers Mobile Medical Services (AVMMS) conducted **460 camps** across **India, Middle East, Africa and Philippines**. providing free health care services to **42,758 beneficiaries**

The objective of the service is to take quality healthcare to the doorsteps of the ones in need.



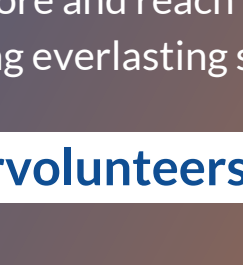
## Making Miracles Happen

#AsterVolunteersTreatmentAid



In a bid to make quality healthcare affordable and accessible to all, Aster Volunteers goes out of its way to heal lives when individuals cannot afford advanced medical treatment.

In the month of October 23, we donated **INR 1,04,70,236** towards the Aster Volunteers Treatment Aid, benefitting **662 individuals** and helping them to spring back to life.



**Every act of kindness counts**  
**#KindnessIsA Habit**

With a 72,000+ strong volunteering forces (as on 29th Oct'23), we have made a meaningful impact on over 4.8 million people.

Together we can achieve a lot more and reach millions more...Join us with your friends and family to bring everlasting smiles to deserving faces.